

**Area Board 1 Strategic Plan
Goals-Benchmarks-Strategies
Updated March 8, 2011**

Formal and Informal Community Supports

The term "family support services" [community supports] means services, supports, and other assistance, provided to families with members who have developmental disabilities, that are designed to-

- (i) strengthen the family's role as primary caregiver;
- (ii) prevent inappropriate out-of-the-home placement of the members and maintain family unity; and
- (iii) reunite families with members who have been placed out of the home whenever possible.

(B) SPECIFIC SERVICES- Such term includes respite care, provision of rehabilitation technology and assistive technology, personal assistance services, parent training and counseling, support for families headed by aging caregivers, vehicular and home modifications, and assistance with extraordinary expenses, associated with the needs of individuals with developmental disabilities.



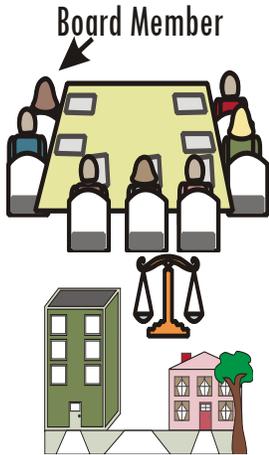
Goal 1: Area Board 1 will enhance its role as a liaison with governmental and non-governmental agencies through collaboration.

Benchmark: Stakeholders representing the diversity of our community work together to protect the rights of people with developmental disabilities and to ensure their inclusion in the community.

Strategies:

- Area Board 1 participates in a variety of collaborative groups such as but not limited to: Making Headway Center for Brain Injury Recovery, Partnership for Healthy Babies, IHSS Advisory Board, Lake County Blue Ribbon Commission on Children and Families, Affordable Housing Committees, Mendocino Interagency Transition Team, Mendocino College Disability Awareness Roundtable, County Criminal Justice Systems. Number of meetings will range between 2 and 12 times per group per year.

- Establish a collaborative with Redwood Coast Regional Center to pilot and facilitate a parent collective comprised of parents who have disabilities for the sake of knowledge, training and tools to be successful parents.



Goal 2: Area Board 1 will enhance/improve the inclusivity of the Area Board membership to reflect the demographics of those we serve, embracing the principles and practices of inclusion and self-determination.

Benchmark: The Area Board has a full board that represents and understands the diversity of our community and who are active and effective in their duties as established in law.

Strategies:

- Area Board 1 will meet at least once per year in each of the four counties within its catchment area.
- Area Board 1 will work with the State Council to secure adequate funding for six meetings per year.
- Area Board 1 will recruit Latino and Native American individuals to serve as members by making personal contact with local individuals, groups, and agencies.
- Area Board 1 will make contact with at least 3 individuals to recruit transition age and young adults with developmental disabilities to serve as board members.
- Area Board 1 will recruit young parents to join the Board by meeting and advocating for them on a personal level, word of mouth, and making announcements at public meetings. The board will connect with 6 parents in each year.

Cross-Cutting

The term “cross-cutting” means Council activities that cut cross all areas of emphasis but specific to the following areas: Public community information and awareness, public relations and educating policymakers.



Goal 1: Expand community awareness programs through media and enhanced partnership programs.

Benchmark: The community understands the worth and value of individuals with disabilities both in the community and in the workplace.

Strategies:

- Promote positive public awareness through public relations and local media, such as newspaper, newsletter, press release, radio, public service announcement, and consumer self promotion opportunities. Any combination of these activities will occur 8 times per year.
- Area Board 1 will gather and disseminate information about success stories of individuals with developmental disabilities who may serve as role models for the community. This information will be shared at all appropriate meeting venues and public speaking engagements 12 times per year.
- Area Board 1 will inform and educate the public about the abilities and strengths of individuals with developmental disabilities via workshops, conferences, and local media sources 5 times annually. Area Board 1 will reach 1000 community members annually.



Goal 2: Area Board 1, in partnership with individual consumers, will advocate for access to an array of quality services through legislative and advocacy activities.

Benchmark: Legislative representatives and the Administration respond fully to the needs of people with developmental disabilities and their families. The public is aware of the strengths and needs of people with developmental disabilities.

Strategies:

- Area Board 1 will form a partnership with clients to train individuals in the development of talking points and the importance and value of developing relationships with legislative staff to promote knowledge sharing between legislators and individuals with disabilities and

their families. This will include training 2 individuals one-on-one with at least 10 sessions each, and 3 group trainings.

- Area Board 1 will train 35 consumers to provide information and education to legislative representatives and their staff on the needs and issues affecting people with developmental disabilities and their families.
- Area Board 1 will educate the local community on proposed laws or regulations that impact people with developmental disabilities and their families via newsletter, website information and links and the use of email/listserv.
- Area Board 1 will use newspapers, media and alternative media (for example: e-mail distribution lists and listserv) to inform the public on current issues.

Education and Early Intervention

The term "education activities" means advocacy, capacity building, and systemic change activities that result in individuals with developmental disabilities being able to access appropriate supports and modifications when necessary, to maximize their educational potential, to benefit from lifelong educational activities, and to be integrated and included in all facets of student life.

The term "early intervention activities" means advocacy, capacity building, and systemic change activities provided to individuals described in paragraph (8)(B) [of 114 STAT. 1684 PUBLIC LAW 106-402] and their families to enhance-

(A) the development of the individuals to maximize their potential; and

(B) the capacity of families to meet the special needs of the individuals.



Goal 1: Area Board 1 will empower individuals with developmental disabilities, their families and other agencies through education and advocacy in navigating all systems.

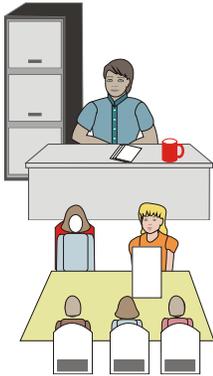
Benchmark: Individuals and families receive the supports and services they are entitled to under the law.

Strategies:

- Set up an Area Board ad hoc committee by March 2013 to participate in the development of a train-the-trainer model on: Person Centered Planning, writing the Individual Education Plan (IEP) for and with students and taking a leadership role in Individual Education Plan (IEP) policy level advocacy.

Employment

The term "employment-related activities" means advocacy, capacity building, and systemic change activities that result in individuals with developmental disabilities acquiring, retaining, or advancing in paid employment, including supported employment or self-employment, in integrated settings in a community.



Goal 1: Individuals and families in Del Norte, Humboldt, Lake and Mendocino Counties will have the education, training and the supports they need to accomplish their important life goals.

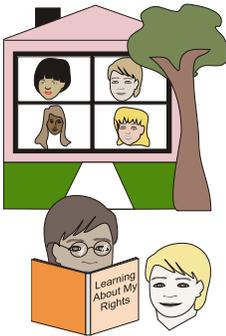
Benchmark: People with Developmental Disabilities and their families have access to information and education on issues of importance to them.

Strategies:

- Area Board 1 will continue to participate as a worksite for the Workability program which assists 2 transition age students per year to gain practical work experience.
- Area Board 1 will work with other Area Boards and the State Council on Developmental Disabilities and its Legislative and Public Policy Committee to impact systemic, regulatory, legislative and/or statewide issues.
- Area Board 1 will support annually, 35 individuals in participating in an environment that will lead to the accomplishment of their important life goals.

Health

The term "health-related activities" means advocacy, capacity building, and systemic change activities that result in individuals with developmental disabilities having access to and use of coordinated health, dental, mental health, and other human and social services, including prevention activities, in their communities.



Goal 1: Individuals and their families shall have inclusive lives and have the opportunity to fully access community options, regardless of language, race, ethnicity or sexual orientation.

Benchmark: Members of diverse communities have access to information, education and resources in ways that reflect their cultural/ethnic/language preferences.

Strategies:

- Area Board 1 will collaborate with other Area Boards, the State Council on Developmental Disabilities, public health agencies and regional center to collect and translate at minimum 6 documents to be available in Spanish.
- Area Board 1 will educate 100 private citizens, professionals and policymakers per year about Fetal Alcohol Spectrum Disorders and prevention and will provide 3 workshops/college classes or advanced professional trainings per year.
- Area Board 1 will advocate to maintain people in the least restrictive environment, maintaining a strong focus on people with multiple diagnoses, considering an array of options including the use of more restrictive statutes for eligible cases.
- Area Board 1 will provide oversight and information regarding health services to clients with an emphasis on dental health, mental health and consumer satisfaction, by the use of its Blue Ribbon Committee on Multi-dimensional cases and its ongoing oversight and advocacy with generic service providers as well as the Redwood Coast Regional Center.

Quality Assurance

The term "quality assurance activities" means advocacy, capacity building, and systemic change activities that result in improved consumer and family-centered quality assurance and that result in systems of quality assurance and consumer protection that-

(A) include monitoring of services, supports, and assistance provided to an individual with developmental disabilities that ensures that the individual-

(i) will not experience abuse, neglect, sexual or financial exploitation, or violation of legal or human rights; and

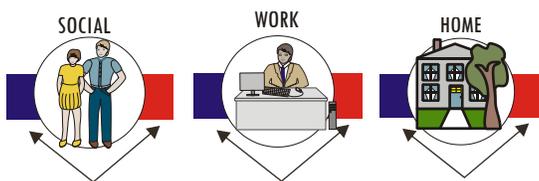
(ii) will not be subject to the inappropriate use of restraints or seclusion;

(B) include training in leadership, self-advocacy, and self-determination for individuals with developmental disabilities, their families, and their guardians to ensure that those individuals-

(i) will not experience abuse, neglect, sexual or financial exploitation, or violation of legal or human rights; and

(ii) will not be subject to the inappropriate use of restraints or seclusion; or

(C) include activities related to interagency coordination and systems integration that result in improved and enhanced services, supports, and other assistance that contribute to and protect the self-determination, independence, productivity, and integration and inclusion in all facets of community life, of individuals with developmental disabilities.



Goal 1: Individuals with disabilities and their families will have control, choice and flexibility in the services they choose to receive.

Benchmark: People with developmental disabilities know their rights and responsibilities and know how to advocate for themselves.

Strategies:

- The Area Board 1 will maintain the overarching principles and the philosophy and the self-determination pilot and person centered planning.
- The Area Board 1 will continue working with Individual Choice Budget Model primarily to move the trend of Developmental Disabilities funding past simple cost cutting while sustaining the paradigm which supports genuine individual choice. We anticipate 6 meetings per year.

- Area Board 1 will advocate yearly for 20 individuals who require a high level of flexibility in the support they receive.
- Establish a Blue Ribbon Commission/Panel on the use of all legal protections and overlapping or shared agency responsibilities that will study and produce a report outlining best practices and recommendations to the Area Board 1, the State Council on Developmental Disabilities, all relevant local human service agencies and local legislators.
- Area Board 1 will provide advocacy to 40 individuals and/or families annually. This advocacy may include systems navigation, technical assistance, information, attendance at meetings (IPP, IFSP, IEP) and assistance with due process as appropriate.

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Goal 2: The Area Board 1 will enhance quality assurance standards to provide objective data that supports effectiveness of services.

Benchmark: People with developmental disabilities and their families are satisfied with the services and supports they receive.

Strategies:

- Area Board 1 will participate in the development and implementation of the new system of quality assurance.
- Area Board 1 will conduct National Core Indicator surveys as determined by contract.
- Area Board 1 will collaborate with Redwood Coast Regional Center with respect to quality assurance activities as appropriate.