



## Regional Advisory Committee Agenda

<b>Date</b>	<b>Tuesday, March 24, 2015</b>
<b>Time</b>	<b>11:00 a.m. – 1:00 p.m.*</b> * Ending time may vary depending on RAC action.
<b>Location</b>	<b>Sacramento Office 2033 Howe Avenue, Ste. 160 Sacramento, CA 95825 (916) 263-3085</b>
<b>Tele-Conference Location</b>	<b>1071 E. San Bernardino Avenue South Lake Tahoe, CA 96150 (530) 577-8012</b>

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Monique von Schimmelmann at (916) 263-3085 or [Monique.vonschimmelmann@scdd.ca.gov](mailto:Monique.vonschimmelmann@scdd.ca.gov). Requests must be received by 5:00 pm, March 17, 2015.

- 
- |  |                   |
|--|-------------------|
| <ol style="list-style-type: none"> <li>1) <b>Call to Order</b><br/>Chairperson Dan Clift</li> <li style="padding-left: 20px;">1.1 <b>Welcome &amp; Introductions</b></li> <br/> <li>2) <b>Approval of Agenda (action)</b><br/>Dan Clift</li> </ol> | <b>11:00 a.m.</b> |
|--|-------------------|

- 3) **Approval of RAC Meeting Minutes from January 27, 2015  
(action)  
Dan Clift**
- 4) **Brief reports from RAC members on issues in their counties**
- 5) **Public Comment Period**

This item is for members of the public only to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The RAC will provide a public comment period, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.
- 6) **Regional Center Report (5 minutes)  
Peter Tiedemann**
- 7) **Manager's Report & Discussion  
Sonya Bingaman**
- 8) **Self-Determination Advisory Committee**
- 9) **RAC bylaws, Form 700, Term Expirations, calendar for 2015**

<b>BREAK</b>
--------------

- 10) **Jamie Crum, M.Ed., ECSE, Program Director,  
Communication Technology Education Center (CTEC)  
Presentation (begin 12:15)**
- 11) **Adjournment  
Dan Clift**



**Regional Advisory Committee – Sacramento Office**  
**Minutes**  
**January 27, 2015**  
**Unapproved**

**Members Present**

Dan Clift (FA)  
Sandra Smith (FA)  
Regina Collins (FA)  
Robert Rogers (SA)  
Donnell Kenworthy (FA)  
Christine Hickey (FA)  
Tyler Busselen (SA)  
Elaine Linn (FA)  
David Kelly (SA) (by phone)

**Members Absent**

Lisa Tomasello (FA)  
Justin Salenik (FA)  
Jane Taylor (FA)  
Elaine Ader (FA)  
Donna Bettencourt

**Others Attending**

Peter Tiedemann  
Joyce McNair  
Richard Royce  
Jesse Compo  
Paul Wurst  
Sonya Bingaman  
Monique von Schimmelmann

- 1) Call to Order/Establishment of quorum.  
Chairperson Dan Clift (FA) called the meeting to order at 11:00 a.m. and a quorum was established. Members and others attending introduced themselves.
- 2) Approval of Agenda (action) Dan Clift  
It was moved/seconded (Hickey (FA)/Busselen (FA)) and carried to approve the Agenda.
- 3) Approval of Board Meeting Minutes from October 28, 2014 & December 9, 2014 (action) Dan Clift  
It was moved/seconded (Roberts (SA)/Collins (FA)) and carried to approve the October 28<sup>th</sup> and December 9<sup>th</sup> meeting minutes as presented.
- 4) Brief reports from RAC members on issues in their counties  
NO COMMENTS
- 5) Public Comment Period: Joyce McNair (FA) shared a Self Determination Booklet that was sold at a conference in L.A. She shared that it is very informative and shared information on how to purchase your own copy.

---

**Legend**

SA = Self-Advocate  
FA = Family Advocate

6) Alta Regional Center Report

Peter Tiedemann updated the council on the governor's proposed budget that has been released. There will be a link to the budget on ACRC's website soon. There are proposed increases to adjust for increased caseload sizes/costs. The governor will submit revisions in May. Alta is looking for additional increases so rates could be increased for POS. Overtime rules concerning IHSS have been put on hold.

7) Regional Manager's Report – Sonya Bingaman

- Jan. 1<sup>st</sup> – SCDD Area Board Offices have been renamed. Our office will be the State Council Sacramento Office. The number designation will no longer be used. Executive Directors are now being called Regional Managers. They will apply for SSMII positions when they are posted. Kenworthy (FA) asked if something could be provided in writing once SCDD's restructuring is completed. Collins (FA) asked if other State departments are being made aware of SCDD's changes.
- Bingaman - NCI (National Core Indicators) – supervises the NCI project in Alta California Regional Center, (ACRC) and Far Northern Regional Center, (FNRC) areas. At least 35 other states use this information to compare services by state. Due to receiving the data in late November, the project is getting a late start, the NCI project ends June 2015. Interviewers are increasing their survey completion; currently 50 out of 815 surveys are completed. UCD staff will be shadowing select interviewers for validity testing.
- Kenworthy (FA) asked for sample questions the NCI project uses. Bingaman shared some sample questions. Bingaman explained that DDS is using this data in a number of ways. It has been used for employment data, health data, and so on. Collins (FA) asked what the responsibility of the Regional Center is to respond to the outcomes. Tiedemann stated that ACRC reviews the data but each RC responds differently. Hickey (FA) raised the issue of the LQA being different from the NCI – Bingaman agreed that the purpose and tool are very different.
- Bingaman reported that the Medi-Cal Managed Care workshop has been rescheduled for Feb. 26<sup>th</sup> at Maidu Community Center in Roseville.
- Bingaman discussed the Transition Plan that DDS submitted to the Feds 12/31/14. They have 90 days to respond. Discussion ensued. Tiedemann agreed that the State will not allow services without a Federal "match" of funds. There is still no clarity on what the transition will look like to programs and services.
- Bingaman reported that with the guidance of the Executive Committee, two State Plan meetings have been scheduled for March 12 (Sacramento) and March 19 (Yuba City) to get input on SCDD's next 5 year plan goals from the community.
- Bingaman - SCDD has asked for projected plans for trainings for the year. Bingaman has been trying to confirm trainings for the next 6 months in similar topic areas to 2014.

---

Legend

SA = Self-Advocate

FA = Family Advocate

- The Sacramento Office was asked to remove it's website as of December 31, 2014. We have a page on the SCDD website. Bingaman will work on updating that page but she does not have direct access to it. Postings are delayed 1-2 days and are done by the webmaster. Bingaman will transfer some of the information from the Area Board 3 website to the page on the SCDD website over the next few months.
- Bingaman reported that she continues to maintain the Sacramento Office's Facebook page.
- Bingaman reported that SCDD continues to work with Administration on Intellectual and Developmental Disabilities (AIDD) for monthly reimbursements but these are behind several months. There continues to be a projected deficit into the next year.

8) RAC bylaws & calendar for 2015

SCDD has not finalized the bylaws for the RACs. The calendar of meetings for 2015 for the Sacramento Office was attached to the packet. The time of the meeting needed to be moved back to 11am due to a conflict with the Regional Managers meeting each Tuesday. Meetings are scheduled for every other month.

9) Jesse Compo (SA) and Paul Wurst, Director, Options in Supported Living LLC, Presentation on Aging with Cerebral Palsy and living in my own home! Jesse gave a presentation using a Dynovox communication device and also demonstrated many of the medical devices he uses to help him maintain his health. The RAC members asked questions.

Clift (FA) reported that Elaine Ader (FA) has resigned due to a confliction of schedules.

10) Adjournment: 12:45 Dan Clift (FA)

---

Legend

SA = Self-Advocate

FA = Family Advocate

# State Council on Developmental Disabilities

## 5-yr State Plan Development: Open Meeting & Survey Questions

People with disabilities know what they need to be independent and an active part of their communities. The purpose of the State Council on Developmental Disabilities (SCDD) is to make sure that people with intellectual/developmental disabilities and their families get the services and supports they need.

SCDD wants to help and we need information from you. Please fill out and send us this survey.

1. Please check up to 3 areas of greatest need for services for people with intellectual/developmental disabilities?

Service Areas (Please check up to 3)	
<input type="checkbox"/>	Child Care
<input type="checkbox"/>	Education & Early Intervention
<input type="checkbox"/>	Employment
<input type="checkbox"/>	Formal and Informal Community Supports
<input type="checkbox"/>	Health
<input type="checkbox"/>	Housing
<input type="checkbox"/>	Quality Assurance
<input type="checkbox"/>	Recreation
<input type="checkbox"/>	Safety/Abuse Prevention
<input type="checkbox"/>	Self-Determination
<input type="checkbox"/>	Transportation

Who are you? (Please check one)	
<input type="checkbox"/>	Someone with an Intellectual/Developmental Disability
<input type="checkbox"/>	Self-Advocate
<input type="checkbox"/>	Family Member/Advocate
<input type="checkbox"/>	Community Advocate
<input type="checkbox"/>	Educational Service Provider
<input type="checkbox"/>	Community Member
<input type="checkbox"/>	Service Provider/Vendor
<input type="checkbox"/>	Regional Center - Staff
<input type="checkbox"/>	Other:

2. In the areas you checked, describe the service gaps that you have experienced.
3. How can the State Council better help people with intellectual/developmental disabilities?
4. What kind of training would you like to receive?
5. What else would you like the State Council to know? (You may use the back of this page to write more.)

## Consejo Estatal para Discapacidades del Desarrollo

### Plan Estatal de Desarrollo de 5 años: Reunión Abierta y Preguntas de la Encuesta

Las personas con discapacidades saben lo que necesitan para ser independientes y ser parte activa de sus comunidades. El objetivo del Consejo Estatal para Discapacidades del Desarrollo (SCDD por sus siglas en inglés) es asegurar que las personas con discapacidades intelectuales/del desarrollo y sus familias reciban los servicios y apoyos que necesitan.

SCDD desea ayudar y necesitamos tener información sobre usted. Por favor llene y envíenos esta encuesta.

1. Por favor marque hasta 3 áreas de mayor necesidad respecto a nuestros servicios para personas con discapacidades intelectuales/del desarrollo.

Áreas de servicio (Marque hasta tres)	
<input type="checkbox"/>	Cuidado de los niños
<input type="checkbox"/>	Educación e Intervención Temprana
<input type="checkbox"/>	Empleo
<input type="checkbox"/>	Apoyos Comunitarios Formales e Informales
<input type="checkbox"/>	Salud
<input type="checkbox"/>	Vivienda
<input type="checkbox"/>	Garantía de Calidad
<input type="checkbox"/>	Entretenimiento
<input type="checkbox"/>	Seguridad/Prevención de Abuso
<input type="checkbox"/>	Auto –Determinación: Decidir por sí mismo sobre uso de servicios y otras formas de apoyo
<input type="checkbox"/>	Transporte

¿Quién es Usted? (Por favor marque uno)	
<input type="checkbox"/>	Alguien con una Discapacidad Intelectual/del Desarrollo
<input type="checkbox"/>	Miembro de la Familia/Defensor
<input type="checkbox"/>	Defensor de la Comunidad
<input type="checkbox"/>	Proveedor de Servicios Educativos
<input type="checkbox"/>	Miembro de la Comunidad
<input type="checkbox"/>	Proveedor de Servicios/Vendedor
<input type="checkbox"/>	Centro Regional - Personal
<input type="checkbox"/>	Otro:

2. Dentro de las áreas que marcó, describa las deficiencias en el servicio a las que usted se ha enfrentado.
3. ¿Cómo puede el Consejo Estatal ayudar mejor a las personas con discapacidades intelectuales/del desarrollo?
4. ¿Qué tipo de entrenamiento le gustaría recibir?
5. ¿Qué otra cosa le gustaría que sepa el Consejo Estatal? (Puede usar el reverso de esta página para escribir más.)

**ALTA CALIFORNIA REGIONAL CENTER**

Client Statistics

As of 7/1/14

Total Number of Clients Currently Being Served:

**18,879**

(Status 1 & 2 only)

**Gender**

Male	11,856	62.8 %
Female	7,023	37.2 %

**Client Distribution by Age**

0-2	1,446	7.7 %
3-17	6,860	36.3 %
18-40	6,881	36.4 %
41-60	2,908	15.4 %
61-80	751	4.0 %
81+	33	0.2 %

**Distribution by County**

Alpine	5	0.0 %
Colusa	112	0.6 %
El Dorado	1,004	5.3 %
Nevada	509	2.7 %
Placer	2,315	12.3 %
Sacramento	12,334	65.3 %
Sierra	11	0.1 %
Sutter	688	3.6 %
Yolo	1,245	6.6 %
Yuba	547	2.9 %
Other	109	0.6 %

**Client Diagnoses**

(Clients may have more than one diagnosis)

Autism	4,799	25.4 %
Epilepsy	2,265	12.0 %
Cerebral Palsy	2,190	11.6 %
Intellectual Disability	10,863	57.5 %
Other	2,535	13.4 %

**Client Ethnicity**

Mixed	1,077	5.7 %
Asian	1,295	6.9 %
African-American	2,337	12.4 %
Filipino	332	1.8 %
Native American	103	0.5 %
Hispanic/Latino	2,994	15.9 %
White	9,811	52.0 %
Other	760	4.0 %
Unknown	170	0.9 %

**Living Arrangements**

Own Home	13,795	73.1 %
ILS	2,089	11.1 %
SLS	440	2.3 %
SNF	88	0.5 %
ICF	220	1.2 %
CCF	1,817	9.6 %
Foster Care	329	1.7 %
Other	101	0.5 %

ILS = Independent Living Services

SLS = Supported Living Services

SNF = Skilled Nursing Facility

ICF = Intermediate Care Facility

CCF = Community Care Facility

**Client Primary Language**

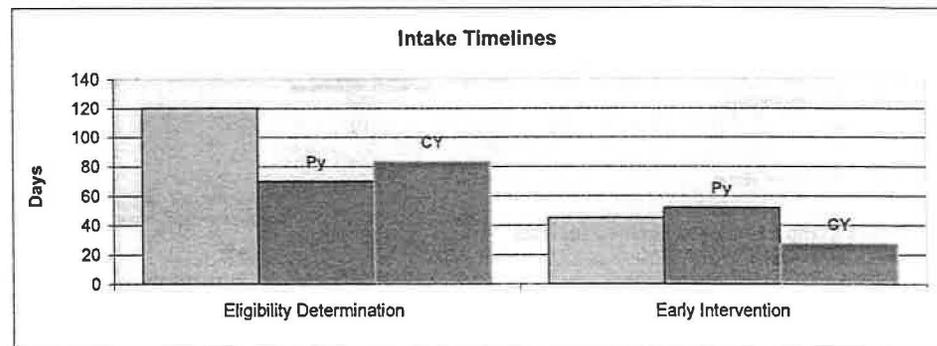
English	16,756	88.8 %
Spanish	1,233	6.5 %
Sign Language	141	0.7 %
Russian	151	0.8 %
Vietnamese	99	0.5 %
Chinese	71	0.4 %
All Other	428	2.3 %

**ALTA CALIFORNIA REGIONAL CENTER  
DASHBOARD INDICATORS  
FOR THE QUARTER ENDING Dec 31, 2014**

**Intake Timelines**

Required (Days)  
Prior Year - 10/1/2013 - 12/31/2013  
Current Year - 10/1/2014 - 12/31/2014  
(Py= Prior Year, Cy= Current Year)

	Eligibility Determination	Early Intervention
Required (Days)	120	45
Prior Year - 10/1/2013 - 12/31/2013	70	52
Current Year - 10/1/2014 - 12/31/2014	83	27



**Caseload Ratios**

Medicaid Waiver required ratio

Actual

	12/31/2014
Medicaid Waiver required ratio	62
Actual	82.1

Age 3 and under required ratio

Actual

Age 3 and under required ratio	62
Actual	55.7

Clients moved from DC more than 12 months

Actual

Clients moved from DC more than 12 months	62
Actual	66.8

Clients moved from DC less than 12 months

Actual

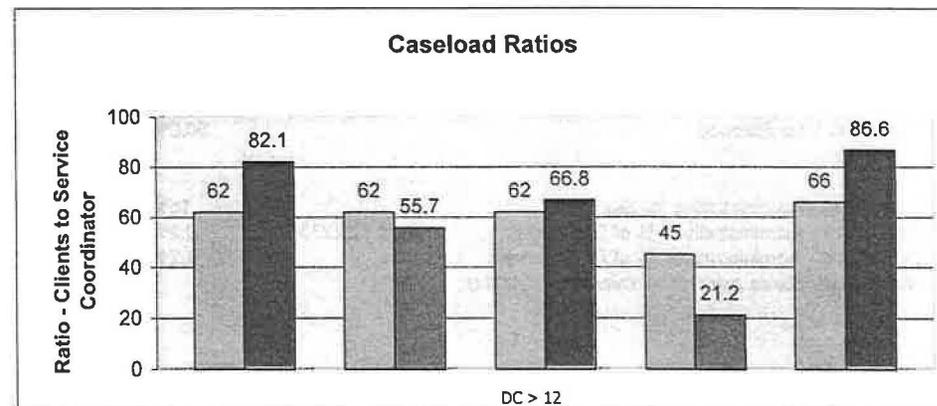
Clients moved from DC less than 12 months	45
Actual	21.2

All Others required

Actual

All Others required	66
Actual	86.6

**DC= Developmental Center**

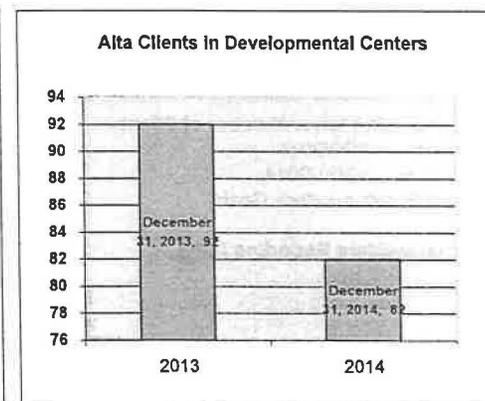
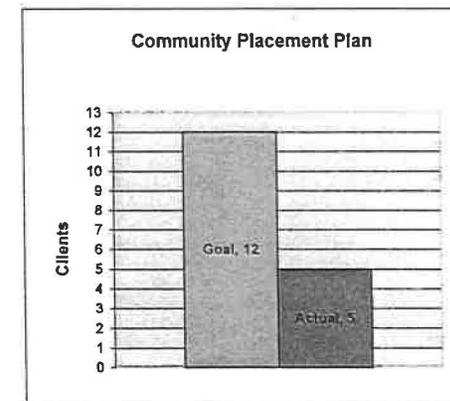


**Community Placement Plan (CPP)**

Goal (Number of Clients) 12  
Actual (Number of Clients) 5

December 31, 2013 Clients in Dev Centers 92  
December 31, 2014 Clients in Dev Centers 82

(Developmental Centers are institutions run by the Department of Developmental Services)



Legend	Description
[Light Gray Bar]	= Standard/Requirement/Budget/Goal
[Dark Gray Bar]	= Actual is better or Equal than Standard/Requirement/Budget/Goal
[Medium Gray Bar]	= Actual is worse than Standard/Requirement/Budget/Goal
[White Bar]	= Actual is less than Standard/Requirement/Budget/Goal but may be ok for the time of the fiscal year. Requires monitoring.

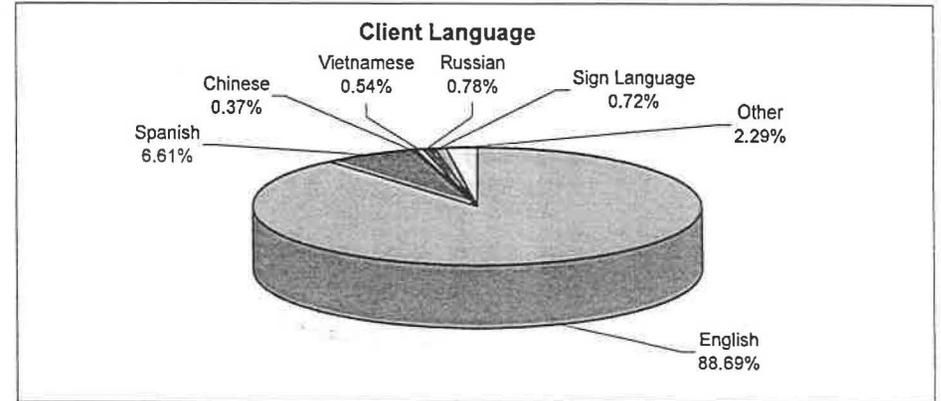
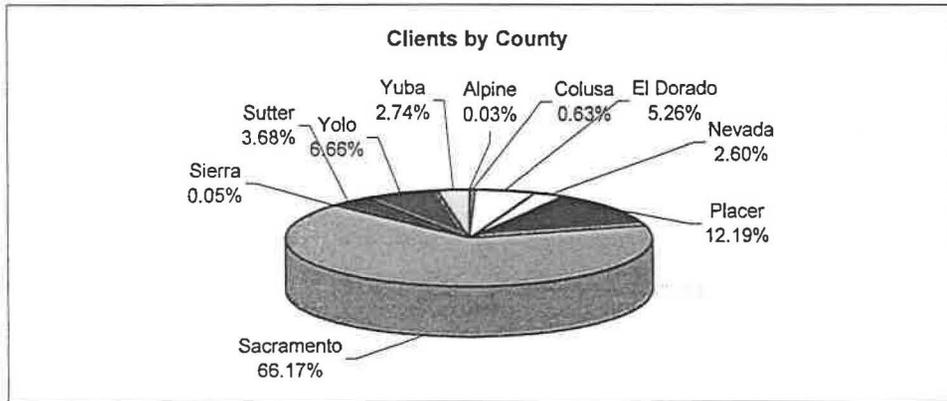
**ALTA CALIFORNIA REGIONAL CENTER  
DASHBOARD INDICATORS  
FOR THE QUARTER ENDING Dec 31, 2014**

**Clients by County**

	Alpine	Colusa	El Dorado	Nevada	Placer	Sacramento	Sierra	Sutter	Yolo	Yuba	Other	Total
December 31, 2014	5	123	1,034	510	2,395	13,000	10	722	1,308	539	113	19,759
Percent	0.03%	0.62%	5.23%	2.58%	12.12%	65.79%	0.05%	3.65%	6.62%	2.73%	0.57%	

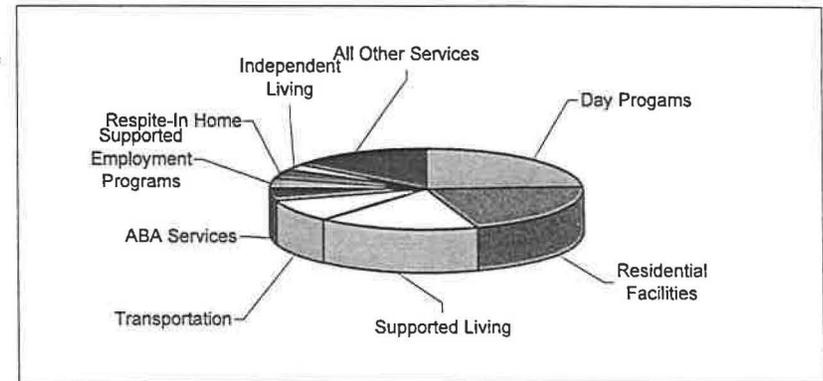
**Client Language**

	English	Spanish	Chinese	Vietnamese	Russian	Sign Language	Other	Total
December 31, 2014	17,524	1,306	74	106	154	143	452	19,759
Percent	88.69%	6.61%	0.37%	0.54%	0.78%	0.72%	2.29%	



**Services Purchased for Clients  
July 2014 - December 2014**

Description	Dollars Expended	Percent of Dollars	Number Clients	Percent of Clients	Avg Cost per Client per month
Day Programs	\$32,134,941	23.8%	4,577	23.7%	\$1,170
Residential Facilities	\$28,255,337	21.0%	1,793	9.3%	\$2,626
Supported Living	\$22,392,068	16.6%	474	2.5%	\$7,873
Transportation	\$12,012,603	8.9%	6,374	33.1%	\$314
ABA Services	\$6,540,359	4.9%	791	4.1%	\$1,378
Supported Employment Programs	\$5,365,900	4.0%	1,425	7.4%	\$628
Respite-In Home	\$5,362,336	4.0%	2,064	10.7%	\$433
Independent Living	\$3,011,580	2.2%	1,162	6.0%	\$432
All Other Services	\$19,707,068	14.6%			
<b>Total POS Expenditures</b>	<b>\$134,782,192</b>				
Number of Clients (Status 1 & 2)			19,284		



**ALTA CALIFORNIA REGIONAL CENTER  
DASHBOARD INDICATORS  
FOR THE QUARTER ENDING Dec 31, 2014**

**CLIENT DEMOGRAPHICS**

**Number of Clients**

	Status 0	Status 1	Status 2	Total
December 31, 2013	502	1,354	16,988	18,844
December 31, 2014	475	1,366	17,918	19,759
Change - Number	(27)	12	930	915
Change - Percent	-5.4%	0.9%	5.5%	4.9%

Status 0 = Diagnosis & Evaluation  
 Status 1 = At Risk Infants 36 months & under  
 Status 2 = Active Consumers

**Client Diagnosis**

	Autism	Epilepsy	Cerebral Palsy	Int. Disability	Other
December 31, 2013	4,407	2,280	2,180	10,815	2,435
December 31, 2014	4,664	2,268	2,190	10,988	2,679

(note: Clients may have more than one diagnosis)

**Client Age Range**

(in years)	0-2	3-17	18-40	41-60	61-80	>80
December 31, 2014	1,629	7,216	7,154	2,913	805	42

**Client Gender**

	Male	Female
December 31, 2014	12,507	7,252

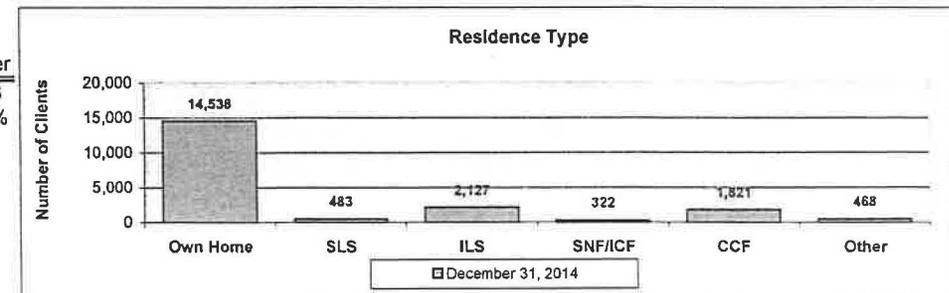
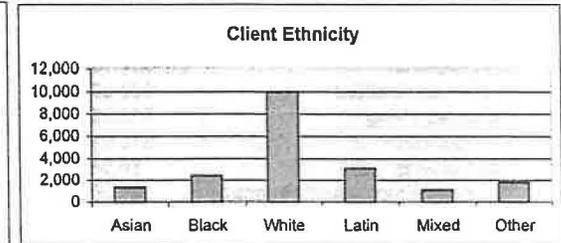
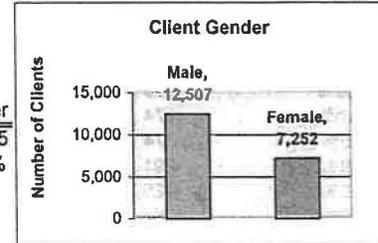
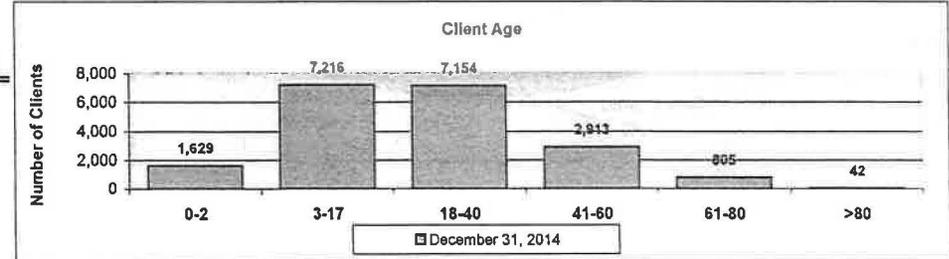
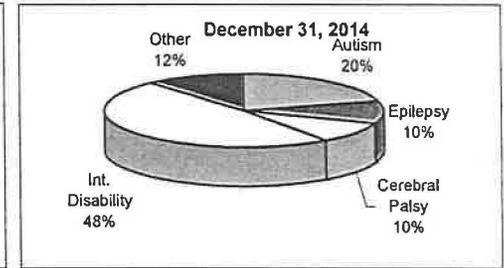
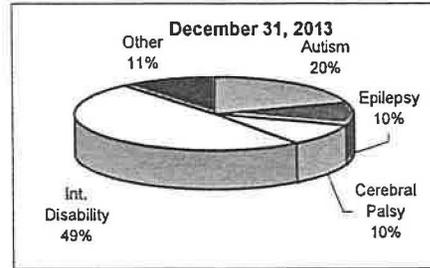
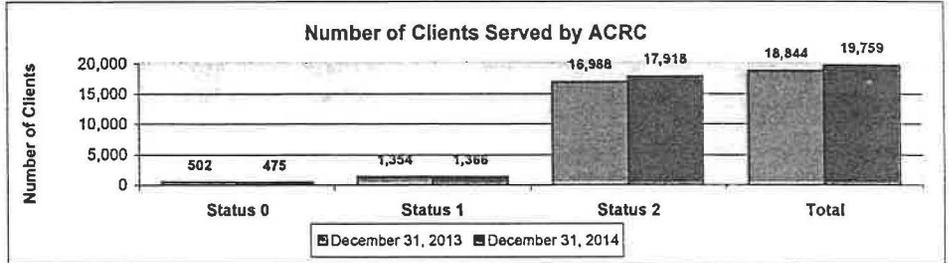
**Client Ethnicity**

	Asian	Black	White	Latin	Mixed	Other
December 31, 2014	1,341	2,415	9,977	3,108	1,113	1,805
Percent	6.8%	12.2%	50.5%	15.7%	5.6%	9.1%

**Client Residence Type**

	Own Home	SLS	ILS	SNF/ICF	CCF	Other
December 31, 2014	14,538	483	2,127	322	1,821	468
Percent	73.6%	2.4%	10.8%	1.6%	9.2%	2.4%

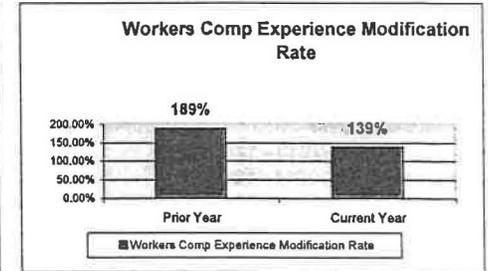
(Note: SLS = Supported Living ILS= Independent Living SNF/ICF = Skilled Nursing/  
 Intermediate Care Facility CCF= Community Care Facility)



**ALTA CALIFORNIA REGIONAL CENTER  
DASHBOARD INDICATORS  
FOR THE QUARTER ENDING Dec 31, 2014**

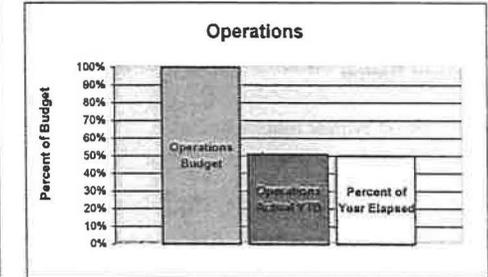
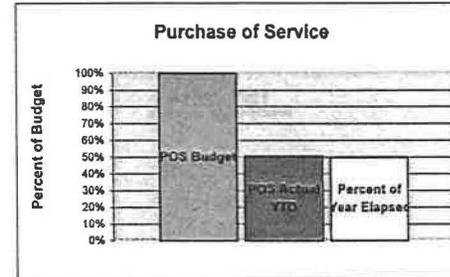
**Human Resources**

	<u>12/31/2014</u>					
Number of Employees	398					
Vacancies	19					
Monthly Turnover Rate	1.30%					
Workers Comp Experience Modification Rate		<table border="1"> <tr> <th>Prior Year</th> <th>Current Year</th> </tr> <tr> <td align="center">189%</td> <td align="center">139%</td> </tr> </table>	Prior Year	Current Year	189%	139%
Prior Year	Current Year					
189%	139%					
<i>(Note: Lower is better)</i>						

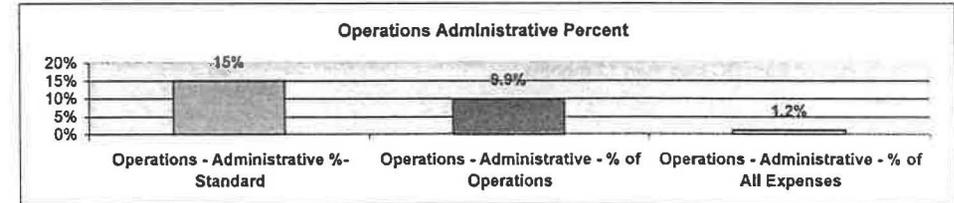


**Fiscal**

	Amount	Percent
POS Budget	\$263,074,350	100%
POS Actual YTD	\$132,801,981	50.5%
Percent of Year Elapsed		50.0%
Operations Budget	\$35,755,106	100%
Operations Actual YTD	\$18,126,504	50.7%
Percent of Year Elapsed		50.0%



Operations - Administrative %- Standard		15%
Operations - Administrative - % of Operations	\$ 1,795,270	9.9%
Operations - Administrative - % of All Expenses		1.2%
<i>(Actual Expenditures July 1, 2013- December 31, 2014)</i>		



**Other**

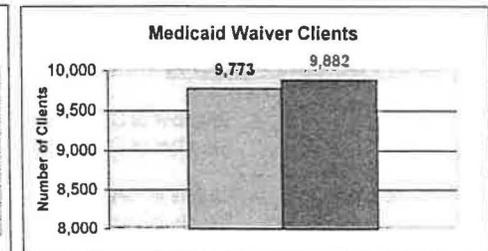
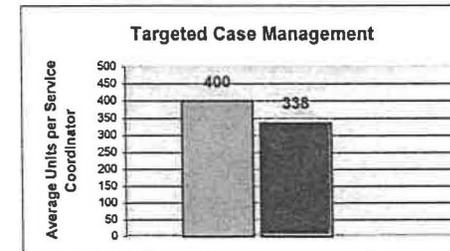
**Targeted Case Management(TCM) - Average Monthly Units per Service Coordinator**

Goal	400
10/1/2014 - 12/31/2014	338

*(Average units of service per Service Coordinator. Alta has a self-imposed guideline of 400 units of service per month per service coordinator)*

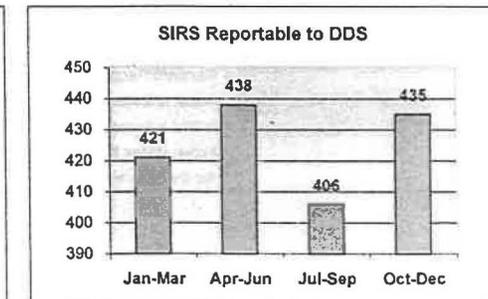
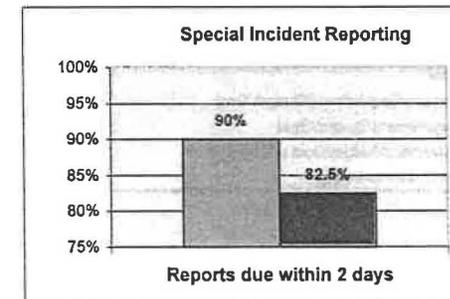
**Medicaid Waiver Number of Clients**

Goal 9/30/2014	9,773
Actual 12/31/2014	9,882
<i>(DDS sets quarterly Goals)</i>	



**Special Incident Reporting (SIR)**

	Reports due within 2 days								
Standard	90%								
Actual - 10/1/2014 - 12/31/2014	82.5%								
	<table border="1"> <tr> <th>Jan-Mar</th> <th>Apr-Jun</th> <th>Jul-Sep</th> <th>Oct-Dec</th> </tr> <tr> <td align="center">421</td> <td align="center">438</td> <td align="center">406</td> <td align="center">435</td> </tr> </table>	Jan-Mar	Apr-Jun	Jul-Sep	Oct-Dec	421	438	406	435
Jan-Mar	Apr-Jun	Jul-Sep	Oct-Dec						
421	438	406	435						
Reportable to DDS									





# CDA Cares Dental Clinic for Californians in Need

Sponsored by the California Dental Association Foundation (CDAF) and CDA

**When:** Friday, March 27, and Saturday, March 28, 2015

**Where:** Cal Expo, Buildings C & D  
1600 Exposition Blvd. Sacramento, CA 95815  
Visit: <http://www.cdafoundation.org/cda-cares/sacramento> for more information (see the patient FAQ document)  
**Free Parking**

**Time:** Doors open at 5:30 a.m. Patients are seen on a **first-come, first-served basis** with a goal of providing care to more than 2,000 people during the two-day clinic.

**Who:** Californians having difficulty accessing dental care, including uninsured, underinsured, unemployed, adults and children, and others who are in need of oral health care.

Children under age 18 must be accompanied by a parent or guardian.

**Care:** The services offered are limited to cleanings, fillings, extractions, some partials to replace front teeth, some root canals, some dentures, oral health education and assistance in identifying a source of dental care. People with uncontrolled blood pressure or diabetes may prevent you from receiving dental care at the event. Be sure take prescribed medications as directed.

Care is **provided at no cost** by dental professionals donating their time and skills.

**Note:** Identification is **NOT** required. Interpreters are available to assist people who do not speak English.

Please **do NOT wait** for CDA Cares to seek care for dental pain as this could be a sign of a serious condition. Visit [cda.org/clinics](http://cda.org/clinics) for a list of low-cost dental clinics and other information.

**If dental pain is severe and accompanied by a fever or swelling, call a dentist immediately or go to a hospital emergency room.**

# Los cuidados de CDA libertan dispensario dental para californianos necesitados



Los cuidados de CDA proporcionarán el cuidado dental LIBRE por una California la Asociación Dental (CDA)

- Cuando:** El Viernes el 27 de Marzo y el Sabado el 28 de Marzo del 2015
- Donde:** Cal Expo, Buildings C & D  
1600 Exposition Blvd. Sacramento, CA 95815  
Para más información visite: <http://www.cdafoundation.org/cda-cares/sacramento>  
Consulte el documento FAQ paciente  
**Aparcamiento Gratuito**
- Hora:** Las puertas abriran at las 5:30 a.m. Los pacientes **serán vistos en una primer-venida, base primer-servido**, con un objetivo de proporcionar el cuidado a más de 2,000 californianos durante el dispensario de dos días.
- Quien:** Californianos teniendo dificultad en obtener cuidado dental, incluyendo aquellos que no tienen seguro dental ó aquellos que tienen seguros pero no cubre lo suficiente.  
  
Menores de 18 años necesitarán ser acompañados por sus padres ó guardianes legales.
- Cuidado:** Pacientes recibirán limpiezas, rellenos, extracciones, algunos parciales para reemplazar los dientes del frente, el tratamiento del nervio (root canal) educación para el cuidado oral, y asistencia para identificar una fuente para cuidado dental. Las personas con presión arterial no controlada o diabetes pueden impedirle recibir atención odontológica en el evento. Asegúrese de tomar los medicamentos prescritos según las indicaciones.  
  
Todos estos servicios serán totalmente GRATIS por profesionales dentales y por voluntarios donando su tiempo y sus habilidades.
- Nota:** **No sera** necesario traer su identificación  
  
Intérpretes estarán disponibles para asistir a las personas que hablen en Español.  
  
Favor de **no esperar** hasta que CDA Cares le asista con cuidado dental si usted esta teniendo dolor severo y acompañado de una fiebre. Esto puede ser señales de condiciones más serias. Visite [cda.org/clinics](http://cda.org/clinics) para obtener una lista de clinicas de bajo costo y otra información.  
  
**¡Si su dolor dental es severo y acompañada por fiebre ó inflamación, vaya a la sala de emergencia inmediátamente!**



Please join SCDD-Sacramento &  
DRC's Office of Clients' Rights Advocacy for the following training:

**Introduction to Special Education  
Rights and Responsibilities,  
the IEP Process**

**Friday, March 20, 2015**

**10-11:30am Overview of the IEP Process**  
**11:30am-12:00 Q & A**

**Location: SCDD Sacramento Office**  
**2033 Howe Avenue, Ste. 160, Sacramento, CA 95825.**

This training is free of charge, but RSVPs are required.

Please let us know if you need interpreting or any special accommodations. Spanish speaking staff will be available to give presentation in Spanish – please let us know if you would need this when you RSVP.

To RSVP, please email: [monique.vonschimmelmann@scdd.ca.gov](mailto:monique.vonschimmelmann@scdd.ca.gov) or call 916-263-3085 & provide your name, email address, and phone number. Space is limited.

Please share flyer with others who may be interested!

**May 20th, 2015 • 9AM**  
West Lawn, State Capitol



# 12th Annual Disability Capitol Action Day

S a c r a m e n t o , C a l i f o r n i a

## **ADA - Today, Tomorrow, Forever!**

ADA Forum • Disability Resource Fair • Education Rally

- Participants are welcome and encouraged to schedule their own legislative visits
- ASL Interpreters, Text Captioning and Simultaneous Translation will be provided

For registration, transportation scholarships and general information go to:

**[DisabilityActionCoalition.org](http://DisabilityActionCoalition.org)**

or contact Christina Mills at [christina@cfilc.org](mailto:christina@cfilc.org) or  
(916) 325-1690 x333 / (916) 325-1695 TDD

2015 Disability Capitol Action Day is brought to you by the Disability Action Coalition.

2015年5月20日·上午9點  
州議會大廈西草坪



# 第 12 屆殘障人士國會行動日

加州，沙加緬度

## ADA - 今日、明日、永遠!

ADA 論壇 · 殘障資源展 · 教育大會

- 歡迎參與者共襄盛舉，排定自己的立法參訪
- 將提供 ASL 口譯、文字字幕與 同步翻譯

交通獎勵金的內容與一般資訊，請前往：

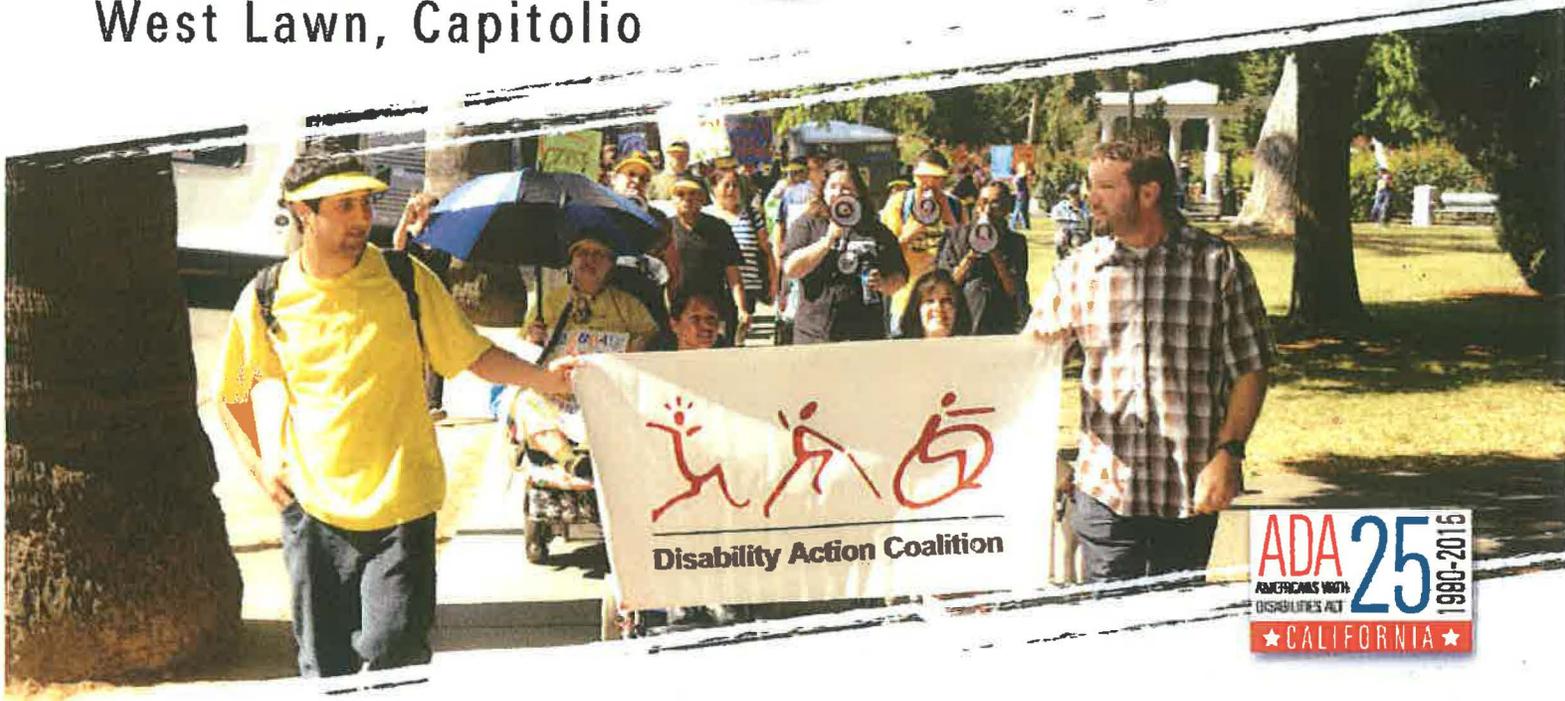
**DisabilityActionCoalition.org**

或以下列方式聯絡 Christina Mill: [christina@cfilc.org](mailto:christina@cfilc.org) 或  
(916) 325-1690 x333 / (916) 325-1695 TDD

2015 殘障人士國會行動日由殘障人士行動聯盟發起。



20 de Mayo de 2015 • 9AM  
West Lawn, Capitolio



## XII Día de Acción Anual en El Capitolio contra la Discapacidad S a c r a m e n t o , C a l i f o r n i a

# IADA - Hoy, Mañana, Por Siempre!

Foro ADA • Feria de Recursos contra la Discapacidad • Mitin Educativo

- Se invita a los participantes a programar sus propias visitas a legisladores
- Se proveerá de Intérpretes de Lenguaje Americano de Señas, Subtítulos con Texto y Traducción Simultánea

Para recibir información general, inscribirse, obtener becas de transportación, favor de visitar:

**[DisabilityActionCoalition.org](http://DisabilityActionCoalition.org)**

o comuníquese con Christina Mills a través de [christina@cfilc.org](mailto:christina@cfilc.org) ó

al (916) 325-1690 ext. 333 / (916) 325-1695 TDD

El Día de Acción en El Capitolio contra la Discapacidad de 2015 se encuentra patrocinado por la Coalición de Acción contra la Discapacidad.

**1**

**NORTH COAST**

Del Norte  
 Humboldt  
 Mendocino  
 Lake

**2**

**NORTH STATE**

SISKIYOU  
 MODOC  
 TRINITY  
 SHASTA  
 LASSEN  
 TEHAMA  
 PLUMAS  
 GLENN  
 BUTTE

**3**

**SACRAMENTO**

Sutter  
 Yuba  
 Sierra  
 Nevada  
 Placer  
 Colusa  
 Yolo  
 El Dorado  
 Sacramento  
 Alpine

**4**

**North Bay**

Sonoma  
 Napa  
 Solano

**5**

**BAY AREA**

Marin  
 San Francisco  
 Contra Costa  
 Alameda  
 San Mateo

**6**

**North Valley Hills**

Amador  
 Calaveras  
 San Joaquin  
 Tuolumne  
 Stanislaus

**7**

**Silicon Valley  
 Monterey Bay**

Santa Cruz  
 Santa Clara  
 San Benito  
 Monterey

**8**

**SEQUOIA**

Mariposa  
 Merced  
 Madera  
 Fresno  
 Kings  
 Tulare  
 Kern

9



**CENTRAL  
COAST**

10



**LOS  
ANGELES**

11



**Orange  
County**

12



**SAN  
BERNARDINO**

13

**SAN DIEGO  
IMPERIAL**



State Council on Developmental Disabilities

**Headquarters**

1507 21<sup>st</sup> Street

Sacramento, CA 95811

(916) 322-8481

Toll Free: (866) 802-0514

TTY: (916) 324-8420

Fax: (916) 443-4957

[council@scdd.ca.gov](mailto:council@scdd.ca.gov)

# Volunteer Positions Open to Youth with Disabilities



YO! Disabled and Proud is a statewide program run by and for youth with all types of disabilities between the ages of 16 - 28. YO! connects, educates and organizes on topics of interest to youth. Our YO! Volunteer Corps gives you the opportunity to show-off your leadership skills, work with others that have disabilities and earn a small stipend on a monthly basis.

## YO! Volunteer Corp Requirements:

- Volunteer at least 16 hours of service per month
- Between the age of 16 - 28 when you start
- Stay in the position for one year
  - Be a youth with a disability
  - A California resident
  - Work on local and statewide youth priorities.



YO!  
THE  
CORPS

For additional information or to fill-out an application checkout our website,  
[www.yodisabledproud.org/volunteer](http://www.yodisabledproud.org/volunteer)

You can also call our YO! hotline at 1(866)296-9753 or (1(800)900-0706 TDD line.



## California's Employment First Policy

Signed into law on October 9, 2013 by Governor Edmund G. Brown  
The Lanterman Act, Section 4869(a)(1)

"It is the policy of the state that opportunities for integrated, competitive employment shall be given the highest priority for working age individuals with developmental disabilities, regardless of the severity of their disabilities."

### What Does This Mean?

It is now the state's highest priority to make integrated competitive employment a real choice for people with developmental disabilities. Integrated competitive employment is a job at a workplace among individuals with and without disabilities. It will be a full or part-time position at or above minimum wage. Self-employment is another option.

### Getting Help

Students need to ask the school to prepare them for getting a job in their community making at least minimum wage. Students can ask for integrated work experiences. These goals should be in the student's Individual Education Plan (IEP) or Individualized Transition Plan (ITP). People can ask their regional center service coordinator to put integrated employment supports in the Individual Program Plan (IPP). The service coordinator can assist people to request employment supports from the Department of Rehabilitation. After leaving school, the regional center can purchase services which will help people obtain and maintain integrated competitive employment.

### Getting Work

It can be a lot of work to get a job. It is a good idea to find out: What am I good at? What do I like to do? What kind of workplace will I do well in? Higher education and vocational training can be used to prepare for a job you want. Volunteer work or job exploration is a good way to see if you like a particular job. With the right help, you can get a job and get paid well.

**MORE INFORMATION** on the Employment First Policy can be found on the website of the State Council on Developmental Disabilities at [www.scdd.ca.gov/ef](http://www.scdd.ca.gov/ef). This site also has information on how well California is doing making employment a real option for people with developmental disabilities. In depth information on the affect of employment on public benefits, such as SSI and Medi-Cal, can be found at [www.ca.db101.org](http://www.ca.db101.org).

**FOR MORE INFORMATION ON YOUR OWN OPTIONS**, contact your school, regional center or the Department of Rehabilitation and ask what they can do to support you or your family member to work, earn, and contribute.



"Having this job makes me successful because I have learned a lot of things. This job makes me happy because even though I'm the person that I am, they accept me here for who I am, and they give me support."

~ Seleste  
Lawrence Berkeley  
National Laboratory



"Being in school will help me get a better job. I like the teachers too. They're very nice. They help me with what I need"

~ Jasmine  
East LA College

### What the Employment First Policy Means to *Families*

- With the right supports, children with developmental disabilities can get an integrated full or part time job that pays at least minimum wage.
- With proper planning, public benefits such as SSI and Medi-Cal can be protected (see [www.ca.db101.org](http://www.ca.db101.org)).
- People with all types of disabilities can make money, contribute, be involved citizens, meet people, and make friends through their work.
- Families can talk about work and career around the dinner table, give their children responsibilities at home to develop a work ethic, help their children explore their interests, and encourage schools to prepare students for work or for higher education.

### What the Employment First Policy Means to *Regional Centers*

The first option to consider in the IPP is integrated competitive employment. Regional centers must inform people that integrated work at regular pay is a real option and discuss available services and supports to help people become employed. Regional centers and providers have services to support people with developmental disabilities who want to work. To see great examples of people having the supports they need to succeed, go to [www.scdd.ca.gov/ef](http://www.scdd.ca.gov/ef).

### What Employment First Policy Means to *Schools*

- Prepare students for transition to work no later than 14-16 years of age.
- The IEP and ITP should include work experiences.
- People with developmental disabilities require an education that prepares them for integrated competitive employment, or prepares them for post-secondary education. There are great examples (see [www.scdd.ca.gov/ef](http://www.scdd.ca.gov/ef)) of students with developmental disabilities having work experiences, transitioning to post-secondary education and integrated competitive employment.





## Ten Things You Can Do (Individuals)

The Lanterman Coalition, made up of the 21 major stakeholders in California’s community-based developmental service system, is uniting around a single critical goal. Years of underfunding, cuts, rate freezes, old funding formulas, and inflation have hurt service providers and regional centers’ ability to ensure people with developmental disabilities and their families get the services and supports they need. To fix this, our system needs a 10% across-the-board funding increase now, and 5% increases yearly, until funding for provider rates and regional center services is reformed.

Your advocacy matters! Our system is facing a monumental challenge. It’s big, it’s complicated, and there are a lot of moving parts. But we have to start somewhere, and a 10% budget increase for our system is the first step the Lanterman Coalition is rallying around. To make that – and comprehensive reform – happen, we need you to stand up for people with developmental disabilities, their families, service providers, and regional centers. The system that supports people to live in communities of their choosing needs you. Every voice throws light on a part of this common problem we are facing, and we need you to let your light shine!

**1) Connect with your Legislator**

Unless you know who represents you, they won’t know they represent you! Look them up online, and you can learn the names of your Senator and Assemblymember. Once you know who to contact, do so! Send an email, write a letter, or make a call. Tell them what matters to you – in this case, supporting the Lanterman Coalition’s budget reform request. If you’re on Twitter or Facebook, consider sharing your message with your representatives directly! Respectful but honest tweets or Facebook posts can provide great ways to help your voice be heard.

**2) Ask your Legislator to talk to Senator Beall about his funding request**

Looking for a specific request that can help identify supporters of this reform effort? Senator Beall has authored a letter to Governor Brown asking him to make developmental services funding a priority. Ask your Legislator, whenever you contact them, to talk to Senator Beall about his letter, and ask him how they can help.

**3) Meet your Legislator at their district office**

You know who represents you, and you’ve told them what you care about. But how much more of an impact does it make when you meet someone in person? A lot more! This can, in an instant, change you from a statistic into a friend – a real person with real stories, not just another person on the other side of a screen. Yes, letters count... but this type of meeting can make a lifelong impression. Contact their office and tell them you’d like to meet with the Legislator. When you get a meeting set, three things will help it be a success: know what you want to talk about (supporting the 10% budget

increase and talking to Senator Beall about his leadership in developmental services), be respectful (of them and their time), and follow up with a thank you.

**4) Participate in an event they are sponsoring**

Legislators – and candidates – will often have public meetings. “Office hours” at a local coffee shop, town halls, meet-the-candidate forums, and other events are all great places to meet with the people who represent you, and tell them about why Lanterman Act services and supports matter to you. Find out about these events by signing up for their mailing lists, following them on Twitter, or “liking” them on Facebook.

**5) Invite them to meet you – have a site visit!**

If you are looking for the one way to have the biggest impact, a site visit is it. You’ll get to meet your legislator, talk to them about what our system needs, and show them how Lanterman Act services and supports help people live fuller, more independent lives. This takes a bit more work, but it builds on everything above, and starts with contacting their office to extend an invitation.

**6) Tell the press**

Letters to the editor may seem old-fashioned, but they still have an impact, and can be done online. By getting your views out to the community, people around you will start to learn about your issues, and then care about them. People with developmental disabilities are our friends, our family, our co-workers, ourselves – and we are all part of our local communities. Write to your local paper and let your community know why something as abstract as a 10% increase for developmental services would have such a concrete effect on you!

**7) Contact local journalists**

So you’ve written in – but are you talking with, or talk to the local media? Contacting your local media outlets, particularly if there is a story coming up, can be a great way for your stories and lives to be shared with the public. Our issues regularly connect to timely, relevant news stories. When journalists know you, they can talk to you. And when they do, your story can become part of the bigger picture – or if may just become a story of its own!

**8) Tell your friends and family**

Can you tell ten of your friends, family members, or even neighbors about this effort, and ask them to join in? This message isn’t just about you, it’s about all of us. Something as simple as directly, politely asking someone for their help can have a profound impact.

**9) Keep your network informed**

Does social media have a place in your life? Share your story, and tell about this campaign, online! Facebook posts, tweets, and even Tumblr or other blog platforms can be a great way to spread the word. A list of Lanterman Coalition members with active Twitter accounts is at the bottom; you can start by connecting with them!

**10) Keep yourself – and the community – informed!**

Go to [www.lantermancoalition.org](http://www.lantermancoalition.org) to get the latest news. Also, while this is a grassroots push, any feedback you have will help us all better focus our work. Have any questions? Get a Legislator to send a letter like Senator Beall’s? Learn that they have a family member with a developmental disability? Told directly that this isn’t their priority? Sharing the intel will let us ensure everyone – including you – can make best use of their time and talents! Please go to [www.lantermancoalition.org/contact](http://www.lantermancoalition.org/contact) and drop us a line!

***The advocacy of individuals and families like you is how our system was created. And with that same advocacy, it can be renewed!***

*P.S. Please keep in touch, and let us know how it went! Go to [www.lantermancoalition.org](http://www.lantermancoalition.org) to get the latest news. Also, while this is a grassroots push, any feedback you have will help us all better focus our work. Have any questions? Get a Legislator to send [a letter like Senator Beall's](#)? Learn that they have a family member with a developmental disability? Told directly that this isn't their priority? Sharing the intel will let us ensure that everyone – including you – can make best use of their time and talents! Please go to [www.lantermancoalition.org/contact](http://www.lantermancoalition.org/contact) and drop us a line, or email [info@lantermancoalition.org](mailto:info@lantermancoalition.org)!*

### **Links**

Legislator Finder – [www.legislature.ca.gov/legislators\\_and\\_districts/legislators/your\\_legislator.html](http://www.legislature.ca.gov/legislators_and_districts/legislators/your_legislator.html)

Senator Beall's Letter – [www.lantermancoalition.org/docs/Beall.pdf](http://www.lantermancoalition.org/docs/Beall.pdf)



## Statewide Self Advocacy Network



# What is the State Council on Developmental Disabilities?

- An independent State agency
- Established by:
  - Federal & State law
- Composed of:
  - State Council
    - 31 Governor–appointed members
  - 13 Regional Offices
    - Located throughout California



# Federal and State Laws



The goal of federal and state laws are to support people with developmental disabilities to achieve:

- ~self-determination,
- ~independence,
- ~productivity, and
- ~community integration and inclusion

# Independence

To have control of your life; make your own decisions and choices



# Productivity

To work or make other contributions to a household or community



# Integration

Right to access the same opportunities, services, community resources as all other Americans.



# Inclusion

To fully participate, be welcome in social, educational, work and community life





“I want a job. I want to earn my money. I don’t want to just take P&I money. I want to pay my share of taxes.”

~Liz



“I want a job. I want to make more money and I like to keep busy. I’m a hard worker. I just need a chance and I’ll be a great employee.”

~ Richard



“In California only 12.45% of working age regional center clients get a pay check. Of this 12.45%, many work in segregated work sites, make sub minimum wage or work only a few hours a week. Only 8% work in integrated competitive employment.”

~State Council on Developmental Disabilities  
2013 Employment First report

# History of Employment First in California



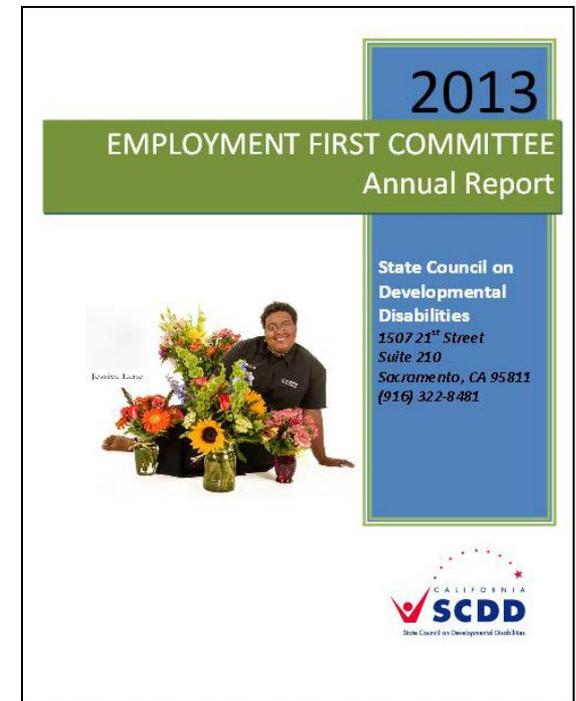
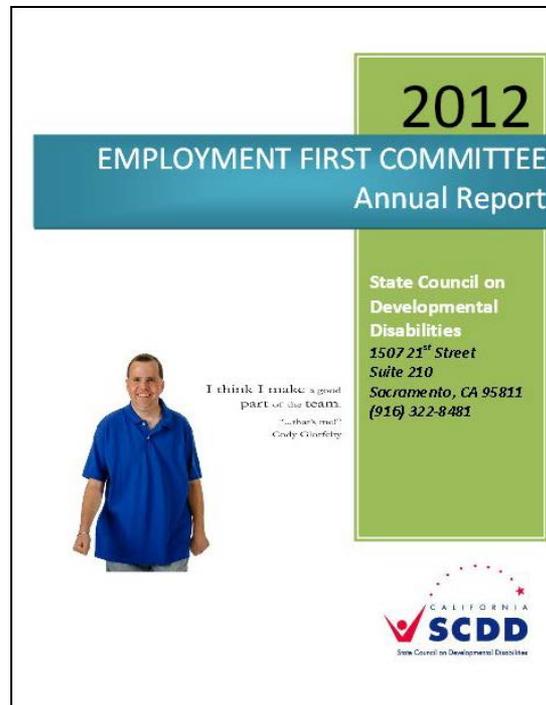
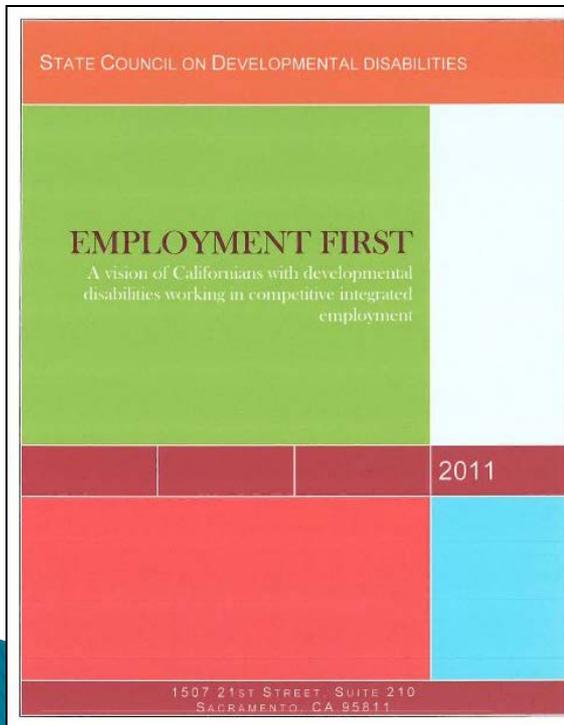
In 2009, AB 287 became law. This law told the State Council to do these things:

- Start an Employment First Committee (EFC);
- Develop an Employment First policy;
- Identify strategies, best practices, and incentives to increase integrated competitive employment;

# EFC Accomplishments



- Annual reports to the Legislature and the Governor

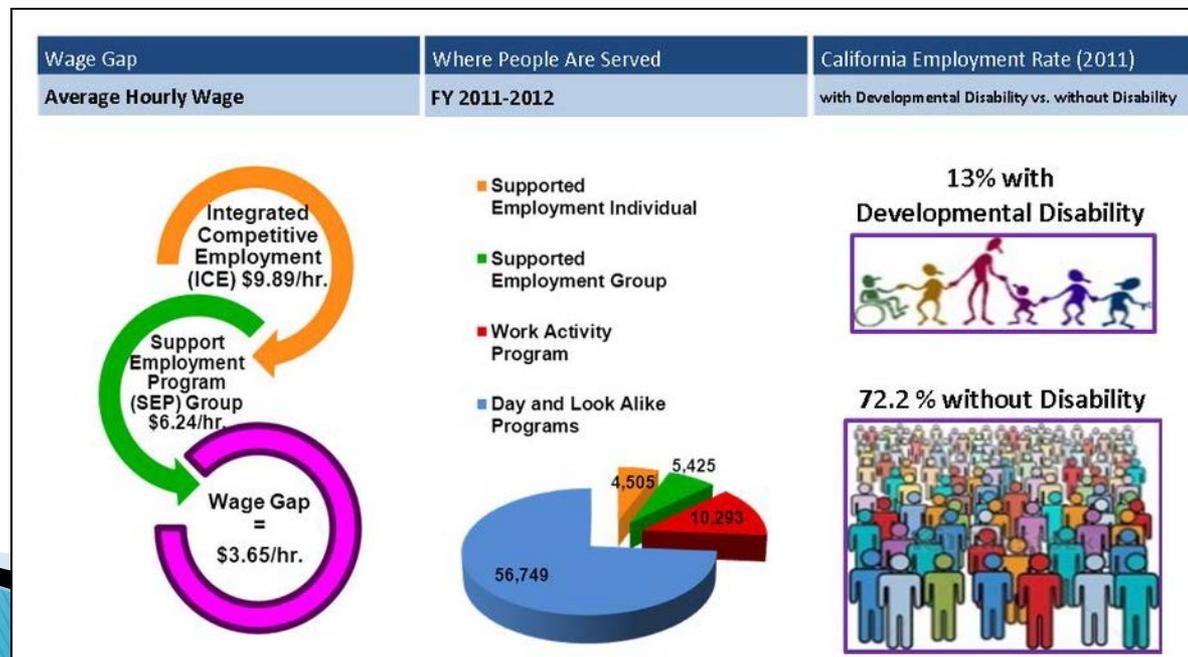


# EFC Accomplishments



- Created a Data Dashboard on the SCDD website.

This shows data and tracks how well California is doing supporting people to have regular jobs at regular pay.



# EFC Accomplishments



➤ Focus on Youth and Under Represented Groups



# EFC Accomplishments



In Oct 2013, California passed the Employment First law, joining 22 other states that already had employment first policies in place.

AB 1041 is a bill signed by Governor Brown so people with disabilities can get employment that is needed to be productive.

# The Employment First Law says:

“It is the policy of the state that opportunities for integrated, competitive employment shall be given the highest priority for working age individuals with developmental disabilities, regardless of the severity of their disabilities.”

~California’s Employment First law



# “I.C.E.”



**“Integrated Competitive Employment is intended to be the first option considered by planning teams for working age individuals “**

~Employment First law

# “I.C.E.”



“Integrated” means a job in the community, where you do not spend most of your day with people who have disabilities.

“Competitive” means you are paid minimum wage or above.

# ~~readiness~~

- You do not have to 'earn' your way to an integrated competitive employment job.
- You do not have to go to a workshop first, or work in a group or enclave first.
- You do not have to improve your behavior first, or have good attendance at a workshop before you can get help to look for integrated competitive employment in your community.

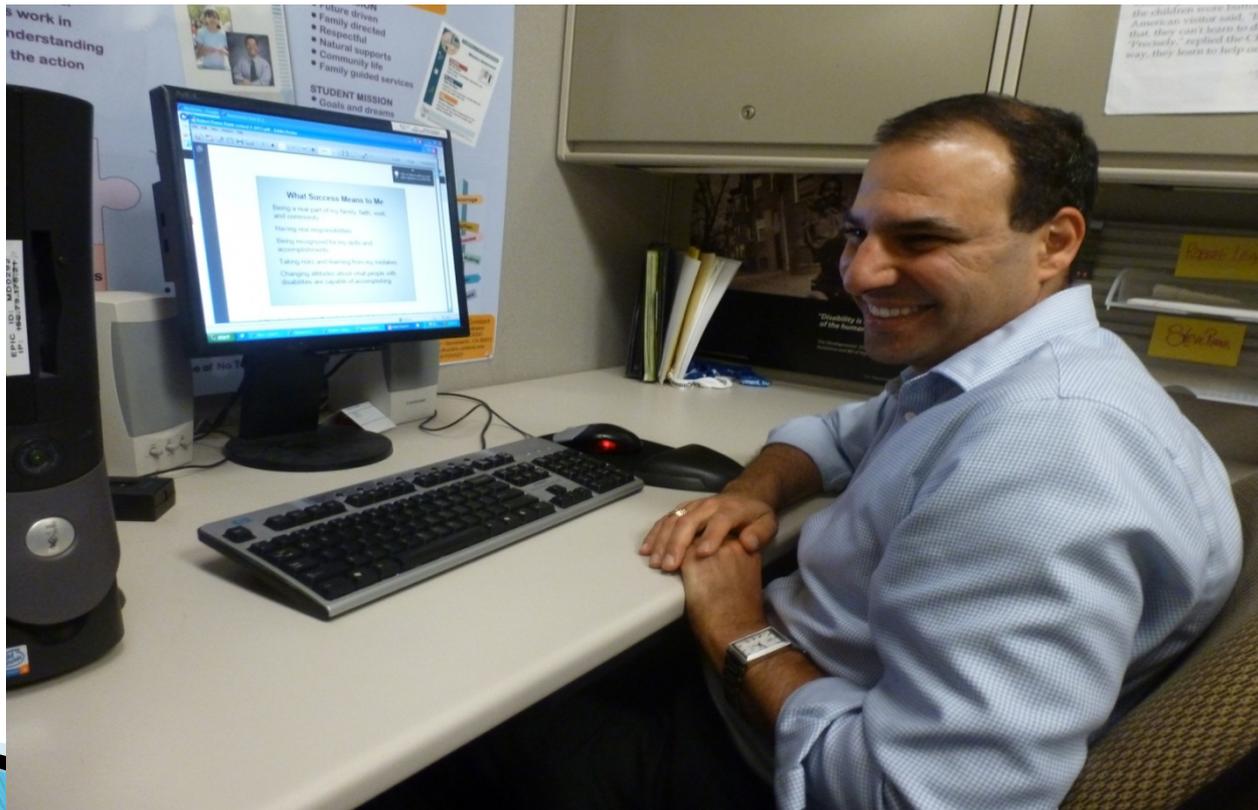


“When I worked at a workshop, I got an Employee of the Month certificate. I asked if I could have a job in the community, but they said I wasn’t ready.

If the Employee of the Month couldn’t get a community job, who could? I quit the workshop.”

“I’ve been working at Target for 14 years and at the UC Davis MIND Institute for 3 years. I didn’t need the workshop to get ready for a community job.”

~Robert, Statewide Self Advocacy Network Representative  
from the UCD MIND Institute



# Customized Employment

According to the U.S. Department of Labor,

“Customized employment is flexible ...

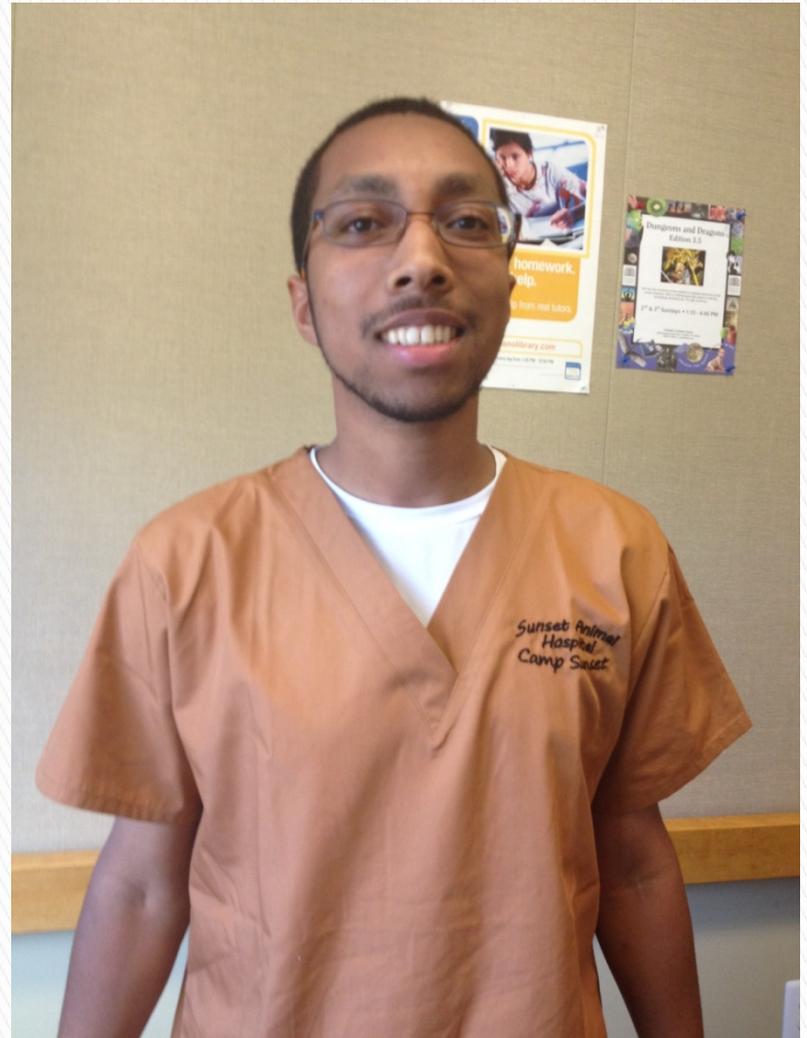
It is based on an individualized match between the strengths, conditions, and interests of a job candidate and the identified business needs of an employer.

Customized Employment utilizes an individualized approach to employment planning and job development — one person at a time . . . one employer at a time.”



“Find jobs people can know how to do. Try different kinds of jobs. Never give up on people. Treat us like real human beings, not a baby.”

~Max, Animal Care Taker,  
Sunrise Animal Hospital



# Microenterprise: You Can Earn Money by having Your Own Business

"Microenterprises means small businesses owned by individuals with developmental disabilities who have control and responsibility for decision-making and overseeing the business."

~Employment First law





“I started with a small shredder that was a donation. I made enough money to get a business license and open a business checking account. Then with my savings I purchased a commercial shredder. My business has grown so I am able to pay myself some money every week. “

~Janice, Owner  
Taketa Shredding

# A Business can be Based on Your Talents



Jessica started Kawaii Rabbit Designs in 2011.

"I love it. I can't imagine myself doing anything else. I'm able to do something that I love and enjoy. I sell my art at anime fairs, my website and through my Facebook page. My church has me send one of my cards to all our members on their birthday."



# Good Jobs Change Lives



Adrienne said, “Last year I wasn’t thinking about a job. I was good living off SSI every month.”

Adrienne had worked at a lot of different jobs but none of them worked out.





Last year, Adrienne got a job at Safeway as a courtesy clerk. Adrienne likes this job because there's a lot of variety each day. He's good at multi-tasking and he likes helping people. This job fits his strengths and interests. Adrienne has opened a bank account and a 401k (retirement account). His goals are, "to keep this job, never get written up, and to make smart decisions with my money."

Adrienne's advice for others: "Be a sponge – learn from others who have been there– and have the right attitude."



# How a Supported Employment Agency can Help You

A supported employment agency should not just help you fill out applications.

A supported employment agency can:

- Help you figure out the kinds of jobs you might like and would be good at.
- Can help set up internships.



# How a Supported Employment Agency can Help You



- Can help you interview.
- When you are hired they will train with you and make sure you know the job.
- Can help you work out supports or accommodations that will help you succeed.
- Once you know the job, they can follow-up to make sure things continue to go smoothly.

# What to do if you want a job

1. Tell your service coordinator that you would like to have an IPP meeting to talk about a job.

You can ask to have an IPP meeting anytime you want to change your services; you do not have to wait until your annual or triennial meeting.



# What to do if you want a job

2. At your IPP meeting say you want an individual job in the community that pays at least minimum wage. Ask for a referral to the Department of Rehabilitation.
3. Choose the supported employment agency you want to work with.

If anyone tells you 'no' or that you're not ready, get help from a friend or advocate.



# There's Still Work For All of Us to Do



Getting the Employment First law passed in California was an important step, but there is still work to do!

- ✓ Tell your friends about Employment First.
- ✓ Contact your SCDD Regional Office to find out what new laws are being worked on to help people get supported employment services.



Thank you! Any Questions?



# Self Determination



## Statewide Self Advocacy Network

Adapted from information by Regional Offices 10 & 4.



# What is Self Determination?

Self Determination is believing you can control your own destiny.

Self Determination is a combination of attitudes and abilities that lead people to set goals for themselves, and to take the initiative to reach these goals.

It means making your own choices, learning to effectively solve problems, and taking control and responsibility for one's life.

It is about being in charge, but is not necessarily the same thing as self-sufficiency or independence.

~PACER Center

# Self Determination Program

Self Determination is a creative type of program that is intended to put you in charge of your life and the services you receive.

In October 2013, Senate Bill 468 added the self determination program to the Lanterman Act. Under the Self Determination program, people can get services & supports in a completely new way, giving you more choices and more control.

# Self Determination Program

The law requires that services acquired through Self Determination be supported by federal Medicaid Waiver funds. To access these funds the Department of Developmental Services (DDS) had to submit a waiver application by December 31, 2014 to the Center for Medicaid Services (CMS).

**This was done.**

# Self Determination Program



**As of 1/28/15**



CMS has up to 90 days to review California's application. They have already raised issues with California's application and "stopped the review" clock. The clock will be "started" again when the required information has been sent in and approved. This means it could take longer than the 90 days.

# Self Determination Program



Once the waiver has been approved, up to 2500 people can be accepted into Self Determination over the next three years. Three years after that acceptance date, Self Determination will be available to all regional center clients who are eligible for the program.

# The Five Principles of Self Determination

- 1. Freedom**
- 2. Authority**
- 3. Support**
- 4. Responsibility**
- 5. Confirmation**

# The Five Principles of Self Determination



**Freedom** to control your life. You decide where you want to live, whom you want to live with, how you will spend your time, and who will support you.

# The Five Principles of Self Determination

**Authority** to control a budget so you can purchase services and supports that you choose.

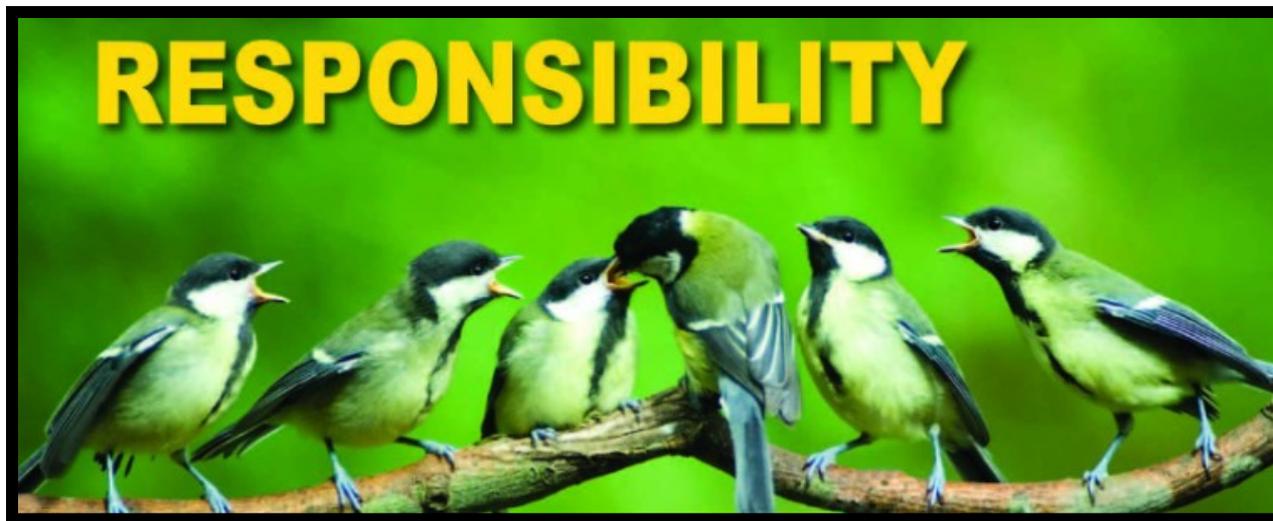


# The Five Principles of Self Determination



**Support**: to organize resources and staff, so you can live the way you want to.

# The Five Principles of Self Determination



**Responsibility**: for the wise use of public money, and recognizing the contributions you can make to your community.

# The Five Principles of Self Determination



**Confirmation**, of the important role that you have to make decisions in your own life by organizing and overseeing the services that you need.

# History

- 1998: 5 Self Determination (SD) Pilot Projects established in California.
- 2001: Pilots report high levels of satisfaction and recommend statewide expansion.
- Three governors and 13 years later Senate Bill 468 passes making SD a reality.

# Who Can Get Self Determination?

Anyone who receives services from a regional center is eligible for Self Determination services, except for people who live in a licensed, long-term health facility such as a developmental center or an Intermediate Care Facility. If you are in the process of moving into the community, then you ARE eligible for self determination services.

To receive Self Determination, you must attend a required Self Determination orientation, receive training on how Self Determination works, and agree to work with a Fiscal Management Service.

# Who is Involved?

- You – the leader
- Facilitator – if you want one
- Fiscal Manager – handles the money
- Your friends, family, paid supports, etc.

# The Facilitator

- Helps the person with their Person-Centered Plan.
- Helps plan and maintain the individualized budget.
- Helps the person develop a network of support and be part of their community.
- Helps find providers, negotiates rates, hours of service, and working agreements, and makes sure providers live up to the agreements made.
- Helps work out issues with providers.
- Helps the person and those around him or her to honor and live by the principles of Self-Determination.

You pay for the facilitator out of your budget. But you don't have to hire a facilitator. It's up to you.

# Financial Management Service (FMS)

## **You must use a FMS to be in Self Determination.**

- Receives funds allocated in the person's budget and makes payments to service providers.
- Keeps track of services provided and back up documentation.
- Maintains financial records.
- Takes care of taxes, workers' compensation, liability insurance, and makes sure all provider legal requirements are met (i.e. licenses and certification).
- Reports on expenditures.

***The FMS does NOT make decisions about how your money is spent.***

# How It Works

- The amount of your Individual Budget (IB) is based on how much regional center spent on your services over the last 12 months.
- Your budget pays for FMS and Facilitator
- With the help of people you trust, you develop a Person-Centered Plan (PCP) that reflects your vision in the different areas of your life and set goals.

# How It Works

- Ask for Self-Determination\*\*\*
- Agree to follow the rules and live within your individualized budget (IB).
- Hire a facilitator if you want.
- Hire a financial manager.
- With the help of people you trust, develop a Person-Centered Plan (PCP) that reflects your vision in the different areas of your life and set goals.
- Give your PCP and IB to your FMS.
- After background checks are completed, your FMS starts paying the people you hired.

***\*\*\*The law allows each regional center to develop its own process for signing people up.***



## Traditional Services vs. Self Determination

- Person wants Awesome Therapy (AT).
  - Person has tried all programs offered and none meet needs. Person has letters from doctors to back up request for AT.
  - Service coordinator says AT isn't "vendored" and takes request to "committee." 3 weeks later person gets a denial letter saying AT isn't vendored, is too expensive, and person doesn't need AT anyway.
  - Person appeals denial and could wait up to 50 days for a decision - and might lose.
- Person wants AT.
  - Person makes sure there's enough money in budget to pay for AT.
  - Person talks with AT and comes to an agreement about hours & rate.
  - Person gives hours & rate info to FMS who makes sure AT has required certification and that staff don't have criminal records.
  - Person starts receiving AT.
  - Whole process takes a few days.

# If you want Self Determination...

- Have Self Determination included in your IPP. Having Self Determination in your IPP won't guarantee that you will get it as soon as it's available. But it could improve your chances.
- Learn as much as you can about Self Determination. Attend trainings. Read about Self Determination.
- Share what you learn about Self Determination with others who might be interested.

# For More Information...

- Department of Developmental Services:  
<http://www.dds.ca.gov/SDP/index.cfm>

You can sign up for email updates about self determination If you want to be notified when updates are made, please email [sdp@dds.ca.gov](mailto:sdp@dds.ca.gov) and ask to be included on the notification list.

- Disability Rights California SD Publication:  
<http://www.disabilityrightsca.org/pubs/F07701.pdf>
- The Center for Self-Determination: <http://www.centerforself-determination.com/>
- Senate Bill 468: [http://www.leginfo.ca.gov/pub/13-14/bill/sen/sb\\_0451-0500/sb\\_468\\_bill\\_20131009\\_chaptered.pdf](http://www.leginfo.ca.gov/pub/13-14/bill/sen/sb_0451-0500/sb_468_bill_20131009_chaptered.pdf)