

The Sacramento Asperger Syndrome Information & Support (Sac AS IS) groups meet on the second Tuesday of most months, from 7 - 9 PM at the UC Davis MIND Institute, 2825 50th Street, Sacramento, CA

New attendees must email LWeissmann@aol.com and obtain permission before attending for the first time or if you have not attended in the last year.

Tuesday, July 12, 2016

The Sac AS IS Parents and Caregivers support group will meet in the auditorium. Lynne Weissmann is facilitating. \$5.00 fee.

The Sac AS IS Adult Support will meet in their regular location upstairs in the board conference room. Susan Bacalman is facilitating.

The Sac AS IS Social Learning Coaching will meet in the room next to the Adult Support group. Ellen Cohen is facilitating.

The Sac AS IS Job and Networking Club will meet in the Massie Clinic waiting area. John Comegys is facilitating.

The Sac AS IS Partners of Adults will be meeting in their regular location in room #1112 with Marilyn Perry facilitating. The regular group meeting time is 7:00 to 8:30 PM. The group is welcome to use the room until 9:00 PM.

Please note the Sac AS IS groups are not affiliated with the UCD MIND Institute.

Go to Sacramento AS IS website: <http://www.sacramentoasis.com> for directions to the UCD MIND Institute.

Groups meet most second Tuesdays but meetings may be canceled or combined, sometimes on short notice.

Service and/or emotional support dogs may accompany some participants.

Please be aware that the main entrance doors will lock at 8:00 PM whenever the groups meet. This means you cannot enter the building at 8:00 PM or after, and if you leave, you will not be able to re-enter.

Security requires the building to be cleared as soon as the group meetings are over.

IMPORTANT NOTICE ABOUT PARKING AT THE MIND INSTITUTE

You must have a parking ticket displayed in order to park in any parking lot around the MIND Institute. Parking on the street is free. The MIND Institute will not be able to

waive parking tickets given during our meetings.

Sacramento Asperger Syndrome Information & Support has a Facebook page. It is set it up as a page, not a group. Here is the link:

<https://www.facebook.com/pages/Sacramento-Asperger-Syndrome-Information-Support/141619069261393>

Also, there is a long-time Yahoo groups page, Sacautism, which requires approval. It includes Sac AS IS email notices plus additional articles and information are posted on this board for parents, caregivers and individuals with ASDs. Members can post, ask questions, discuss issues and share information. For those that would like to decrease the amount of individual emails, you can change your email preference to "daily digest" (one email daily with all the emails grouped together), or, to "no email" (you can sign on to the Yahoo group site and read the posts online at your convenience).

To join: <https://groups.yahoo.com/neo/groups/sacautism/info>

The UC Davis MIND Institute's Summer Institute on Neurodevelopmental Disorders will be held on August 5, 2016 at the UC Davis Conference Center (550 Alumni Lane, Davis, CA 95616). This year there are seminar strands on the topics of early intervention, school aged, and transition/adult issues with each strand having sessions devoted to research, evidence based practices, and policy.

Link to the Summer Institute brochure is at:

http://www.ucdmc.ucdavis.edu/cme/course_pages/MIND/MND2017-8-5-16w.pdf

You can register online at: <https://cht-prod.ucdmc.ucdavis.edu/cme/CmeSignIn?ccode=MND2017>

More information

at: http://www.ucdmc.ucdavis.edu/cme/course_pages/MIND/mind_pagelink.html

Coming October 21, 2016. It's been too long since Tony Attwood, PhD, has presented in Sacramento.

He is an engaging & uplifting speaker - strongly recommend!

For information and to register:

<http://www.peakconferencegroup.com/westcoast2016/>

EPIC Revolution

EPIC is a social club that offers a chance for neurodiverse* teens and young adults to connect with compatible peers and adult mentors in a positive and safe environment.

EPIC is structured as a non-religious youth group founded on a doctrine of respect for self and for others. Our weekly evening meetups are memorable and fun and offer both physically active and quieter pursuits which foster social communication, increased self-awareness and self-confidence.

Our skilled professional adult mentors are wonderfully attuned to each club member and offer encouragement and support as well as space for personal exploration. EPIC is proud of its Leadership Team, established members who provide outreach to new, younger and less-involved participants and plan and host games and activities.

If you or someone you know can relate to being neurodiverse, who wants to make new friends and experience the joys of community, please, join us at EPIC.

*Neurodiverse is defined here as including, but not limited to, persons who identify with High Functioning Autism, ADHD or other language or sensory processing differences. EPIC asserts that neurological variations are authentic forms of human diversity, self-expression and being.

Kaary Ogard & Kim Wagaman founded EPIC in 2011 as a creative response to the need for friendship, support, and solidarity amongst neurodiverse teens and young adults. The ever-evolving group is community oriented and sustained by friendships created through shared experience.

Kaary is a speech pathologist specializing in autism and neurodiversity since 1998. Kim has specialized in coping, regulation, and social relationships with the neurodiverse community since 1995. She also teaches yoga.

Their unique developmental approach to therapy is youth-centered and based in trust and acceptance.

Epic Revolution
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<http://www.epic-revolution.com/>

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