



## Regional Advisory Committee Agenda

Date	Tuesday, September 27, 2016
Time	11:00 a.m. – 1:00 p.m. *(Extend to 1:30 as needed)
Location	SCDD Sacramento Office 2033 Howe Avenue, Ste. 160, Sacramento, CA 95825 (916) 263-3085
Call In Number	Listen only, call 1-303-785-9861, Participant pin 1580307 Please call 916-263-3085 24-hours in advance to inform us if you plan to call in.

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Sonya Bingaman at (916) 263-3085 or by email to: [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov). Requests must be received by 5:00 pm, July 18, 2016.

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- 1) Call to Order, Chairperson (Acting), Elaine Linn (FA) 11:00 a.m.
    - a. Welcome new RAC Members & Introductions
  - 2) Approval of RAC Agenda, Elaine Linn (FA) (action)
  - 3) Approval of RAC Minutes from July 26, 2016, Elaine Linn (FA) (action)
  - 4) Brief reports from RAC members on issues in their counties
  - 5) Public Comment Period
 

This item is for members of the public only to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The RAC will provide a public comment period, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.
  - 6) Regional Center Report, Peter Tiedemann/ACRC Staff (20 minutes)
  - 7) Statewide Self-Advocacy Network (SSAN) Report, Lisa Cooley (SA) (5 minutes)
  - 8) Regional Office Manager’s Report, Kathy Brian
    - a. A summary of events, outreach, and State Plan activities in our 10-county area.
    - b. Input from RAC on Legislation platform.
  - 9) Community Program Specialist Report, Kathy Brian
    - a. A summary of events, outreach, and State Plan activities in our 10-county area.
  - 10) Presentation on **The WarmLine Family Resource Center**
  - 11) Regional Advisory Committee Members (RAC)



Regional Advisory Committee

Regional Advisory Committee – Sacramento Office  
 Minutes  
 July 26, 2016  
 Unapproved

Members Present	Members Absent	Other Attending
Christine Hickey (FA)	Elaine Linn (FA)	Sandra Smith (FA) Council Member
Robert Rogers (SA)	Jane Taylor (FA)	Dana Wentz (SA)
Tony Biondi (SA)	Tyson Whitman (SA)	Lori Wentz (FA)
Donnell Kenworthy (FA)	Kerry Youker (FA)	Erin Daly (FA)
Karen Mulvany (FA)	Lisa Cooley (SA)	David Nisson (SA)
Tyler Busselen (SA)		Mary Nisson (FA)
Nancy Esparza (FA)		Joe Delgado (SA)
Colleen Moss (FA)		Mrs. Delgado (FA)
Brandy Boyd (FA)		Alfonso Carmona (ACRC)
Joyce McNair (FA)		Joseph Hernandez (Premier)
		Kathy Brian
		Sonya Bingaman

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- 1) Call to Order, Chairperson, Elaine Linn (FA) 11:00 a.m.  
 Welcome & Introductions
  - 2) Approval of RAC Agenda, Chris Hickey (FA) (action)  
 Kenworthy gave motion to approve; Rogers seconded.
  - 3) Approval of RAC Meeting Minutes from May 25, 2016,  
 Chris Hickey (FA) (action)  
 Kenworthy gave motion to approve; Rogers seconded.
  - 4) Brief reports from RAC members on issues in their counties  
**Colleen Moss:** Reported issues with respite as there are many medically fragile consumers and not many respite providers offering medical respite. The liability for the homes is a deterrent for providers.

**Robert Rogers, Yuba City:** Reported there needs to be more residential options between care home and independent living services as well as emergency respite services.

**Karen Mulvany, El Dorado:** Noted additional issues with respite. She has a fair hearing pending with the regional center regarding respite and medication and behavioral support.

## 5) Public Comment Period

This item is for members of the public only to provide comments and/or present information to the RAC on matters not on the agenda. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The RAC will provide a public comment period, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.

**Joe Delgado:** Visitor from Tuolumne County informed the RAC about his success in Special Olympics and work at Big Lots. Joe also is proud of his ability to obtain his driver's license. This is the first meeting like this he has ever attended and he was excited to be a part of the RAC. We encouraged him to attend the RAC at the North Valley Hills Office as well.

## 6) Regional Center Report, Alfonso Carmona

Alfonso Carmona gave an update on the Community Placement Plan (CPP) with regards to the movers from Sonoma Developmental Center (SDC). Each year, ACRC submits a CPP plan to the Department of Developmental Services and each plan has a 3-year commitment to completing projects or funding will cease.

Currently, there are 54 consumers at SDC who will move into ACRC catchment area; 14 have already moved into homes in the community. In Fiscal Year 2016-17, ACRC plans to move 18 consumers to the community. There are 18 new homes preparing for licensure; four 4-bed and two 2-bed homes. ACRC is assisting families and service providers to meet the needs of consumers. One parent is pleased as her son who is blind and deaf will move into a home with lavender, jasmine and lilac plants outside his bedroom window to stimulate his senses.

In addition to the residential homes, ACRC is developing 2 Supported Living arrangements and focusing on moving one consumer who receives services outside of California back to this state. Also, a joint project with North Bay Regional Center, serving people with Prader Willi will be developed.

Day programs are also being developed. ACRC's CFO, Peter Tiedemann met with DDSO (a program that announced pending closure at this year's end) and it is possible 1-2 DDSO programs will close, not all the programs. It is hoped the additional funding from DDS (for vendor's employees) will help. ACRC plans to meet with vendors about the HCBS settings rules and begin to make modifications now.

ACRC is also developing a Dental service which will be an extension of an existing dental practice in the Sacramento area. This clinic addition will have a wing with 8 chairs available for people who need specialized care and treatment. One of the chairs will have a specialized ramp for a wheelchair so the consumer will not need to transfer to a dental chair. Under the direction of Dr. Glassman, a dentist specializing in the needs and care for people with special needs, DDS awarded additional funding for this project.

**7) SSAN Report, Lisa Cooley**

No report

**8) Regional Office Manager's Report & Discussion Sonya Bingaman**

**a. Grant Cycle 39 Update**

Our catchment area voted on the following 2 topics: Self-Advocacy and Employment. The grants are out to address these 2 topics, they will be reviewed and begin in October.

**b. Budget Update (State of CA)**

Follow updates on Marty Omoto's CDCAN

**c. Self-Determination (SDAC & SSDAC)**

Currently DDS is working on answering about 80 questions about the HCBS Settings Rules. This will be submitted however while this needs to correlate with the HCBS Settings Rules and Transition Plan, it will be a process as there are 110,000 people on the Waiver. Tennessee has an approved Transition Plan, however, they only support 6,000 people statewide.

**d. Outreach by SCDD Sacramento Regional Office –**

JUNE-JULY 2016

A summary of Regional Office Activities was shared with the RAC.

e. Conferences

The Supported Life Conference will be October 7<sup>th</sup>-8<sup>th</sup> in Sacramento. Our office is involved with the planning and co-sponsoring the conference.

f. Trainings

SCDD will be hosting 3 trainings this Fall in collaboration with Disability Rights California regarding 1) Overview of Special Education Rights and Responsibilities and 2) How to Read My IEP.

9) Community Program Specialist Report, Kathy Brian

a. NCI Child Family Survey Update:

SCDD Sacramento Regional Office has received 989 surveys to meet our 20% goal.

b. SELPA Community Advisory Meetings

c. ACRC Forums for ILS, SLS, In-Home Respite, Residential Vendor, Day Program and Employment Forums

d. Employment and Business Advisory Council (BAC) activities

The BAC continues to network with job developers and prospective employers to identify employer needs and assists to seek employment for people with ID/DD.

10) Presentation on **HCBS (Home and Community Based Services) Settings Rules for California**, Sonya Bingaman

11) Presentation on **Accommodations to Successfully Attend College**, David Nisson (SA)

12) Proposed Agenda items for next meeting, Chris Hickey (FA) (action)

- WarmLine Presentation
- Mini Orientation
- Get to know the RAC members
- Grant 39 Update

13) Next regular RAC meeting is September 27, 2016, 11 a.m. – 1:30 p.m.

14) Adjournment – Chris Hickey (FA) 1:30 p.m.

## SCDD Sacramento Regional Office

### August – September 2016 Activities

- UC Davis MIND Institutes Summer Seminar
  - The Future of Disability Policy: A National Perspective
- Planning meeting for the Youth Leadership Forum
  - The California Committee on Employment of People with Disabilities (CCEPD)
- Attended the following Vendor Forums at Alta Regional Center
  - Early Start
  - Independent Living Services (ILS)
  - Supported Living Services (SLS)
  - Behavior Services
- Peer Advocacy Connection (PAC) Meeting
- Attending meetings with Mutual Housing California and taking tours
  - Sacramento
  - Yolo
- Planning with the Down Syndrome Information Alliance (DSIA)
  - Walk on Nov. 6, 2016 at William Land Park
- Sacramento County Developmental Disability Planning and Advisory Council (DD Council)
  - An advisory board to the Sacramento County Board of Supervisors
    - Guest speaker from DDSO, day program provider
- Attended the 6<sup>th</sup> Annual Rancho Cordova Business to Community Expo
- Following the Home and Community Based Services (HCBS) updates
- Attending the Special Education Local Plan Area (SELPA) Community Advisory Committee (CAC) meetings
  - Yuba County
  - Sutter County
  - San Juan
  - Nevada County
  - Yolo County
  - Elk Grove
- On the Business Advisory Council (BAC)
  - Planning for a Career and Hiring Event – October 26, 2016
    - “Inclusion Works – Career and Hiring Event”
    - 40+ Employers who are interested in hiring people with disabilities
- Reaching out to Independent Living Centers (ILC’s)
  - A consumer controlled, community based, cross disability, nonresidential private nonprofit agency that is designed and operated within a local community by individuals with disabilities.
    - 5 core services mandated by the Rehabilitation Act of 1973 (28 in California)
      - Advocacy
      - Independent Living Skills
      - Assistive Technology
      - Peer Counseling
      - Personal Assistance Services
      - Housing

- Attending Alta Regional Center Centers for Medicare and Medicaid Services (CMS) Rules Meetings
- Met and toured Meristem
  - Transformative Learning helps adults ages 18-28 with developmental disabilities prepare for employment.
  - Initial class will focus on agriculture, woodwork, other hands-on skills
    - Meristem aims to gently guide young adults through the transition from secondary education to employment or college – a step that can be especially tricky for those with the social, behavioral and communicative challenges sometimes associated with autism spectrum disorder.
- Supported Life Conference Planning Team member
  - October 6-7, 2016
- Attended the Think Transition, UC Davis MIND Institute meeting
- Presented a table for SCDD at the Resource Fair, hosted by WarmLine Family Resource Center
- Attended the follow-up from the meeting to work on improving family supports for the Senior and Disability Communities
- Hosted an Individual Education Plan (IEP) training in collaboration with Disability Rights California
- Attended the DDS POS Disparity Stakeholder Meeting
- Provided In Home Support Services (IHSS) Workshop in collaboration with Disability Rights California

## Brian, Kathy@SCDD

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**From:** Carruthers, Aaron@DSS  
**Sent:** Sunday, August 28, 2016 9:01 AM  
**To:** Carruthers, Aaron@DSS  
**Subject:** A quick congratulations  
**Attachments:** Proposed SCDD 2017 2021 State Plan.pdf

Hello Council Members and SCDD team,

This week we submitted the 2017-2021 State Plan. Congratulations.

This is our contract for our federal funding over the next 5 years. This is our \$32 million agreement with AIDD, assuming funding levels stay the same as this year.

This plan is the product of an uncountable number of hours of work by Council Member and staff. Based on leadership, team work, and dogged hard work, it is a success. Congratulations.

And it represents more.

This is the voice of the community. Never before has the Council heard from so many people when drafting the plan. Over 3,400 people with I/DD, their families, providers, and community allies voices are represented in this plan.

This plan captures how far along the Council is in its new direction. Since the MTARS report in November 2013, we have all been working to change our course, including amending the current State Plan while developing the next State Plan. The 2017-2021 is the product of Council-driven, data-driven, statewide strategic planning. While this is the minimum standard AIDD sought in the MTARS report, this plan is so much more.

This plan is the future of how the Council will work at statewide and regional levels to shape systems, advocate, and build capacity for people with I/DD and their families. Self-advocacy, employment, housing, access to services, public safety, education, early intervention, and disparities. It is ambitious. It is aspirational. It is hopeful. It sees a better future and identifies concrete steps to make that future a reality. 5 years from now when we tell the story of this plan we can be proud that we changed this system, thus changed lives.

Let's pause and take some well-earned congratulations. Enjoy the success that this plan represents as we wait for AIDD's review. Then, when they approve it, let's focus on the exciting work of making this plan a reality.

Congratulations, all.

p.s. Extra recognition to those members of this team who took on special roles with the State Plan, including the Chair and former Chair of the State Plan Committee, Council Members Sandra Smith and Nancy Clyde; the Members of the State Plan Committee, Council Members Sandra Aldana, Rebecca Donabed, Carmela Garnica, Robin Hansen, Janelle Lewis, and Jonathan Clarkson; and key staff Vicki Smith and Janet Fernandez.

p.p.s. The State Plan attached to this message is in the AIDD format. On Sept 1 a new staff member joins our team who will be the go-to person for Plain Language, and we will soon have a more accessible version available.

Aaron Carruthers  
Executive Director  
State Council on **Developmental Disabilities**

**Subject:**

FW: School Bus Safety Bill Passes Senate



August 26, 2016

### **School Bus Safety Bill Goes To Governor**

SACRAMENTO CA- SB 1072, authored by Sen. Tony Mendoza, D-Artesia and sponsored by the State Council on Developmental Disabilities (SCDD), passed out of the California State Senate today on a unanimous vote. It now goes to Governor Brown for his signature.

"We let every Legislator know why this bill is necessary," said Dr. April Lopez, Chair of the State Council on Developmental Disabilities. "We are thankful for Senator Mendoza's commitment to the safety of all kids who ride school busses. I truly believe lives will be saved because of this legislation."

Commonly referred to as the School Bus Alarm Bill, SB 1072 was introduced as the result of the death of Paul Lee who died after being left inside on a bus in very hot weather. In brief, SB 1072 requires school buses and youth buses to be equipped with a "child safety alert system." Located at the interior rear of the bus, the alert device would require the driver to manually make contact with it before exiting the vehicle, encouraging the driver to inspect the bus to make sure nobody has been left behind. The bill also includes disciplinary procedures for bus drivers.

"This bill came about because of a 19 year old with a disability so severe he could not ask for help," added Dr. Lopez. "Now all children riding school busses will be safer. The hope is no other family will ever have to endure the pain the Lee family has had to experience."

The State Council on Developmental Disabilities (SCDD) is established by state and federal law as an independent state agency to ensure that people with developmental disabilities and their families receive the services and supports they need.

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State Council on Developmental Disabilities, 1507 21st Street,  
Suite 210, Sacramento, CA 95811

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SCDD-Sacramento &  
DRC's Office of Clients' Rights Advocacy  
are offering 3 special education workshops this Fall:

- Overview of Special Education Rights and Responsibilities  
Saturday, September 24, 2016, 9am-12pm. 2033 Howe Ave. Ste. 160,  
**Sacramento 95825**
- How To Read My IEP and write and evaluate goals  
Saturday, October 29, 2016, 9am-12pm. 2033 Howe Ave. Ste. 160,  
**Sacramento 95825**
- Overview of Special Education Rights and Responsibilities  
Monday, November 7, 2016, 9am-12pm. Yolo County Office of  
Education, 1280 Santa Anita Ct. Ste. 120, **Woodland 95776**

Each training is free of charge, but RSVPs are required.

Please let us know if you need interpreting or any special accommodations. Spanish speaking staff will be available to give the presentation in Spanish – please let us know if you prefer this when you RSVP.

To RSVP, please email: [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov) or call 916-263-3085 & provide your name, email address, and phone number. Space is limited.

Please share flyer with others who may be interested!

For more information, please visit [www.scdd.ca.gov/sacramento](http://www.scdd.ca.gov/sacramento)



SCDD-Sacramento y  
DRC's Oficina de la Defensa de los Clientes  
Está ofreciendo 3 talleres de educación especial este otoño:

- Visión de Conjunto: Derechos y Responsabilidades de la Educación Especial  
Sábado, 24 de septiembre del 2016, 9am-12pm. 2033 Howe Ave. Ste. 160, **Sacramento** 95825
- Como leer mi IEP y escribir y evaluar metas  
Sábado, 29 de octubre del 2016, 9am-12pm. 2033 Howe Ave. Ste. 160, **Sacramento** 95825
- Visión de Conjunto: Derechos y Responsabilidades de la Educación Especial  
Lunes, 7 de noviembre del 2016, 9am-12pm. Condado de Yolo, Oficina de Educación, 1280 Santa Anita Ct. Ste. 120, **Woodland** 95776

Cada entrenamiento es gratis de costo, pero reservaciones son necesarias.

Por favor déjenos saber si usted necesita intérprete o alguna acomodación especial. Personal que habla español estará disponible para dar la presentación en Español – por favor déjenos saber si usted prefiere esto cuando reserva su lugar.

**Para reservar**, por favor envíe por email: [sonya.bingaman@scdd.ca.gov](mailto:sonya.bingaman@scdd.ca.gov) o Llame 916-263-3085 & de su nombre, correo de email, y numero de teléfono. Espacio es limitado.

Por favor, comparta el volante con otras personas que puedan estar interesados!

Para más información, por favor visite [www.scdd.ca.gov/sacramento](http://www.scdd.ca.gov/sacramento)

**From:** Rollins, Kevin@SCDD  
**Sent:** Friday, August 26, 2016 11:56 AM  
**To:** CDSS SCD All Staff; CDSS SCD Members  
**Subject:** FW: Bakersfield.com: Planning for the needs of a special needs love one

Forwarding per request of Council Chair April Lopez.

## [Planning for the needs of a special needs love one](#)

By Barry Rosenfeld

Thursday, Aug 25, 2016 11:57 AM — updated 12 hours ago

The Bakersfield Californian printed a wonderful article on Aug. 21 titled, “What happens to developmentally disabled as caregivers age, die?” In the article, a 67-year-old mother described her grave concern about what will happen to her 22-year-old with cerebral palsy and intellectual disability if she were to predecease her daughter.

Because of advancements in medical science, those with special needs are outliving their parents far more than they were 20, 30 or 40 years ago. Life expectancy is a little past 78, and for most with special needs, that number is the same for them.

Estate & Financial planning is problematic at best, but for the parents of a special needs child it is even more challenging. When addressing the needs of those children, one should always hope for the best but plan for the worst. The recent article addressed Medicaid (MediCal in California) issues and that 860,000 parents in the United States over the age of 60 are caring for a child with intellectual or developmental disabilities.

The concern is who will make certain that those adult children’s quality of life will continue in the same manner after the parents die?

Parents continue to have the same love and the same concern for their special needs loved one:

- Where will my child live if I should die?
- Where will the money come from to ensure that all of my child’s needs are met?
- Should we address conservatorship and/or guardianship issues?
- If my child is receiving government benefits (SSI, SSA, MediCal, etc.) who will make certain that qualification for those benefits are met?

It is very important that the parents (or grandparents or siblings) of those with special needs begin the planning process immediately because the recent article in The Californian indicated while services are available when the parents die, there are long waiting lists for those services.

In fact, in the article, April Lopez, the chairwoman of California's State Council on Developmental Disabilities, stated that while people in California qualify for services they need, under the state-run health system some services are not available when people need them. And, the state's reimbursement rate is so low that it discourages doctors and health centers from providing services.

Working with great organizations like Kern Regional Center can fill much of what is needed. But in the real-world parents are the ones that need to step up and make certain all contingencies are addressed by creating a funded special needs plan that will ensure that the quality of life issues are addressed in a timely and efficient manner when the parents die before the child.

And speaking of Kern Regional Center and the wonderful folks working to help those with developmental disabilities in our community, the passage of the Lanterman Act in 1977 helped establish the regional center system in California. This act guarantees that there will be services and support for those with disabilities. The passage also ensures that people with disabilities have the same rights that other citizens enjoy.

Today, 21 regional centers throughout the state of California serve 275,000 clients.

*Barry Rosenfeld is a chartered financial consultant and a chartered lifetime assistance planner. He is also a member of the Bakersfield Californian's Sounding Board.*



# STEP UP WALK & 5K RUN



*The Down Syndrome Information Alliance provides support and resources to empower individuals with Down syndrome, their families, and our community.*

## SUNDAY , NOVEMBER 6, 2016

**William Land Park, Village Green** (at the corner of Sutterville and Freeport)

### STEP UP WALK REGISTRATION FEES

**Adults** (ages 12 and over)

- \$10 - Early Bird - register by August 31
- \$15
- \$20 - Late registration after October 6

**Children** (ages 11 and under)

- \$5 - Early Bird - register by August 31
- \$10
- \$15 - Late registration after October 6

### STEP UP 5K RUN REGISTRATION FEES

**Adults** (ages 12 and over)

- \$20 - Early Bird - register by August 31
- \$25
- \$30 - Late registration after October 6

**Children** (ages 11 and under)

- \$15 - Early Bird - register by August 31
- \$20
- \$25 - Late registration after October 6

**New This Year: School Team of 25 students: \$100**

### QUICK FACTS

- Down syndrome is the most commonly occurring genetic condition with an incidence of 1 in 691 births.
- There are currently over 250,000 individuals living with Down syndrome in the United States.
- There are approximately 5,000 babies born with Down syndrome each year in the US.
- Down syndrome is one of the leading clinical causes of cognitive delay in the world
- Down syndrome is not related to race, nationality, religion or socio-economic status.
- Individuals with Down syndrome can lead fulfilling lives and be contributing members of society.



**For more information contact DSIA at [stepup@downsyndromeinfo.org](mailto:stepup@downsyndromeinfo.org) or 916-658-1686.**

[www.downsyndromeinfo.org](http://www.downsyndromeinfo.org)



## WarmLine Family Resource Center

### What You Need to Know about ABLE Accounts!

ABLE accounts allow people with disabilities and their families to set up a special savings account for disability-related expenses. Earnings on an ABLE account will not be taxed and the savings held in the account, up to \$100,000, is not counted against the limit on personal assets for individuals to qualify for public benefits such as SSI and MediCal.

The ABLE program, once operational, will open up life-improving opportunities for California's disabled and their families.

Christina Elliott, Executive Director of the California ABLE Board will answer your questions about what the ABLE Account is, how it can benefit your child with a disability and California's plans to roll it out.

Wednesday, September 28, 2016

6:00-8:00 pm

Rancho Cordova Library

9845 Folsom Blvd., Sacramento

This event is free, but registration is required.

<https://www.eventbrite.com/e/able-accounts-training-registration-26730141573>



# States Urged To Strengthen Community-Based Options

by Michelle Diament | August 5, 2016

Federal Medicaid officials are pushing states to do more to ensure that people with disabilities have access to the care they need in order to remain in the community.

In a bulletin issued this week, the Centers for Medicare & Medicaid Services is outlining a number of steps that states and disability service providers can take to ensure a strong home care workforce is in place.

The guidance comes as an increasing number of people with disabilities are receiving supports in the community rather than in institutional environments.

Advertisement - Continue Reading Below

Fiscal year 2013 marked the first time ever that more than half of Medicaid spending on long-term services and supports went toward home and community-based services. The latest figures show that 53 percent of such long-term care spending in 2014 was directed to community-based services, up from 45 percent in 2009.

“A stable workforce, engaged in the delivery of services and supports that address the needs and preferences of beneficiaries, is a critical element to achieving continued progress,” Vikki Wachino, director of the Center for Medicaid and CHIP Services, wrote in the bulletin.

States are being encouraged to consider establishing registries to help consumers find qualified home care workers in their area. The guidance indicates that federal funds are available to help develop and maintain such databases.

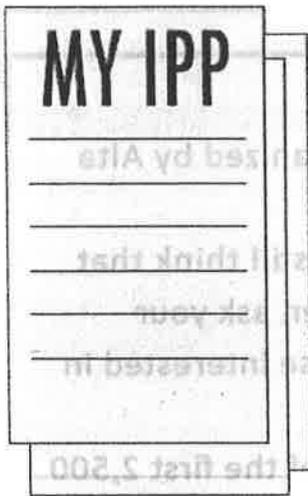
Meanwhile, the federal agency is also advising states to closely consider appropriate wages for home care workers. That may mean keeping in mind wage differences in various geographic areas within a state, the level of care provided by home care workers and business costs associated with recruiting, training and retaining people in the industry, the bulletin said.

In doing so, states have the option to set tiered rate structures in order to account for the ability of some workers to serve more complex needs, according to the document.

“Access to services is critical to ensuring that individuals get the care they need to live in the community, and wage thresholds help to attract dedicated and engaged workers,” Wachino wrote. “CMS encourages states and providers to be mindful of the relationship between wage sufficiency, workforce health and access to care.”

## THE SELF-DETERMINATION PROGRAM

The Department of Developmental Services is developing a new program called the Self-Determination Program that will let participants have more control over selecting their services and supports.



### HELP MAKE THE CHOICES THAT AFFECT YOUR LIFE

1. Participate in the development of your Individual Program Plan (IPP) through a Person-Centered planning process.
2. Accept greater control and responsibility regarding the services and supports you need to achieve your goals.
3. You will still have a Service Coordinator to assist you. In addition, you may choose to use an Independent Facilitator (IF) to help plan and get services and supports.

### YOUR INDIVIDUAL BUDGET

1. You will be given a specific budget to purchase the services and supports that you need to achieve your plan.
2. You must use a Financial Management Service (FMS) vendored by Alta California Regional Center (ACRC) to pay for your services.
3. You will be able to pick which providers or individuals deliver your services. They will require a background check but will not have to be vendored.



**CHANGE  
AHEAD** ↑



## Steps of the Self-Determination Program

### HOW TO GET INFORMATION

- Learn more at [www.altaregional.org](http://www.altaregional.org) or [www.dds.ca.gov](http://www.dds.ca.gov)
- Attend an informal session on Self-Determination
- Ask your Service Coordinator to put your name on the “interested list “

### HOW TO GET ON THE LIST

1. Attend a mandatory Self-Determination Information Meeting organized by Alta California Regional Center (ACRC).
2. **After you have participated in the Informational Meeting**, if you still think that Self-Determination is a good option for you or your family member, ask your Service Coordinator to put your name on the “**Official List**” of those interested in enrolling in the Self-Determination Program.
3. Being on the list does not guarantee you will be selected as part of the first 2,500 participants statewide.

### HOW TO BE SELECTED

1. ACRC will send the “**Official List**” of those interested to DDS.
2. DDS will select the 2,500 enrollees statewide from among those who attended a **Self-Determination Information Meeting**. The selection takes into consideration ethnicity, age, gender, disability and diagnosis to ensure those selected represent the statewide regional center population.
3. Those selected will be contacted by ACRC to enroll in Self-Determination Trainings to begin participation in the Program.
4. After the initial three year rollout, all people receiving regional center services will have the choice to participate in the Self-Determination Program.