

Alta California Regional Center  
 Self-Determination Committee Meeting  
 Wednesday March 9<sup>th</sup>, 2016  
 10:00 A.M. to 12:00 P.M.  
 Minutes

<b>Members Present:</b>	<b>Members Absent:</b>
Lisa Cooley SA	Carole Watilo SP
Joyce McNair FA	Nancy Libby FA
Stacy Shaw SA	Marie Ibarra FA
Kimberly Terrell SA (via phone)	Al Millan FA/SP
Luis Rivera FA	Lana Knyazev SP
Brittnee Gillespie, DRC	Christian Griffith FA
<b>Others Present:</b>	
Phil Bonnet, ACRC	
David Rydquist, ACRC	
Jason Lindo, ACRC	
Patti Diamond-Locke, ACRC	
Robin LeMay, ACRC	
Sonya Bingaman, SCDD	
Nina Iliff, FA	
Sue Ann Bennett SP	
Legend: SA – Self-Advocate, FA – Family Advocate, SP – Service Provider	

**1. Call to Order by Lisa Cooley, Chair**

- Welcome & Introductions (10:00 A.M.)

**2. Approval of Agenda & Minutes (from December 16<sup>th</sup>, 2015)**

- It was moved/seconded and carried to approve to agenda and minutes. No Abstentions.

### **3. Report on March 3<sup>rd</sup> Statewide Self-Determination Advisory Committee Meeting in Culver City – Joyce McNair**

- April Lopez chaired this meeting.
- Joyce McNair attended this meeting located at Westside Regional Center in Lisa Cooley's place.
- The meeting served as a reminder of why we serve on local and statewide Self-Determination Committees.
- The meeting was a good refresher and gave an overview of Self-Determination.
- There wasn't anything new discussed, but was a good reminder of how important the program is, especially to clients and families.
  - Presentations
    - Judy Mark provided a presentation on Person Centered Planning.
    - Following this presentation was a 10 question quiz on Self-Determination.
    - Jim Knight from DDS provided a presentation on the status of the waiver.
  - Reasons for Stalled Waiver
    - CMS Concerns
      - How regional centers will include the home and community based service regulations.
      - If regional centers will be properly inclusive and be sure that all CMS approved programs will be integrated.
  - Local Self-Determination Advisory Committee's
    - Each representative discussed some of the activities that they do and each committee does things a bit different.
    - Was impressed with Central Valley Regional Center's activities as they go out together in teams and do presentations.

- They also provide their agenda's and meeting minutes on their website which seems to work well.
- The attendees of this meeting appreciated that our committee reaches out to groups and organizations that have the most contact with clients and families.

#### **4. *Update on Self-Determination Waiver – Phil Bonnet***

- Making good progress in regards to the waiver, but it has not been approved yet.
- Questions around the waiver have been forwarded from DDS to DHHS and the questions have been answered.
  - DDS News
    - DDS has announced their new Director: Nancy Bargmann.
    - While working for DDS, Nancy has actively participated getting the Self-Determination Program moving forward.
    - This is good news for us as Self-Determination will be a top priority for her.

#### **5. *Update on Self-Determination Flyer – Patti Diamond***

- The flyer has been updated with language added regarding attending the mandatory Self-Determination Informational Meeting to get on the "Official" list.
- The flyer will be translated into different languages: Russian, Ukraine, Hmong, and simplified Chinese (threshold languages).
- A Spanish version exists, but are waiting on the translations to arrive.
- The translated flyers will be added to Alta's website or you can ask Patti Diamond for a copy as well.
- Patti is also working on creating a larger 22 font version of the flyer.

- Lisa Cooley noted that it would be good to have an Arabic flyer translated as well.
- The group agreed that this was a good idea.

## 6. ***Self-Determination Interest List – David Rydquist***

- As of today Alta has 917 clients signed up for the Self-Determination Interest List.
- Alta staff have been providing overview and training for Self-Determination to all of the Client Services Units.
  - Principles of Self-Determination
    - Freedom of choice
    - Control
    - Flexibility
- There is a whole population of clients that don't have a voice and we represent them as well.
- The flyers have been very important and helpful as we don't expect that all clients will be available to attend Self-Determination meetings.
- Have been working with staff to get the word out about Self-Determination to client's that may be underserved due to lack of resources.
- The Interest List will translate into notification for client's to attend the mandatory Self-Determination meeting to get on the "Official" list.
- The names will be added into a lottery and Alta will receive 175 clients from that lottery.
- This should be a good representative group for the pilot program.
  - Decisions and Preparations to Make Internally
    - How do we offer case management services to that select group?
    - Special coordination will need to occur by our Service Coordinators who receive training.

- Will review the list and target the service and support to a select group of people and recipients.
- Will not change the process of Self-Determination, but will be available for any needed support.
- If a client decides not to utilize and Independent Facilitator and would like to use their SC, we need to be ready for that.
- Sandis Self-Determination List
  - Duplicate client entries cannot be entered into the system.
  - Working on adding a checkbox for the SC's to the IPP 588 form indicating that they have discussed Self-Determination with their clients.
- DDS Training Materials
  - Will be provided soon and dispersed to Alta staff and a mandatory training will occur.
  - The time line for Self-Determination will give Alta plenty of time to provide accurate information to the SC's and relay that information to the public.

**7. Outreach Efforts by Committee Members – Joyce McNair**

- The announcement about the SCDD Statewide Self Advocacy Network Webinar occurring on February 10<sup>th</sup> was forwarded to the School District Advisory Committees.
- Lisa Cooley will be attending a Community Information and Transition Fair at a local school to share information about Employment First, Statewide Self Advocacy, and Self-Determination.
- Brittnee Gillespie mentioned that when she receives phone calls from clients she discusses Self-Determination with them.
- Stacy Shaw mentioned that she takes flyers with her to parent group meetings.

### **8. *Independent Facilitator Training Sub-Committee (Status/Dates on Facilitators Training)***

- Sonya Bingaman noted that these trainings won't be scheduled until the waiver is signed and there aren't any meetings scheduled at this point.

### **9. *Dates for Future Meetings***

- The committee will meet quarterly on the second Wednesday of the month.
  - June 8<sup>th</sup>
  - September 14<sup>th</sup>
  - December 14<sup>th</sup>

### **10. *Identify Agenda Items for Next Meeting***

- Open discussion about the principles and components of Self-Determination (Joyce McNair)
- 10 Question Self-Determination Quiz (Joyce McNair)
- DDS Training Materials (Patti Diamond-Locke)

### **11. *Adjournment***

- Meeting adjourned at 11:30 A.M.