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STATEWIDE SELF ADVOCACY NETWORK MEETING INFORMATION



DATE: Wednesday, March 2, 2016
Thursday, March 3, 2016



TIME: Wednesday, 10:00 a.m. to 5:00 p.m.
Thursday, 9:30 a.m. to 3:00 p.m.



WHERE: Hawthorne Suites
321 Bercut Drive
Sacramento, CA 95811
(916) 441-1200

Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena M. Hernandez at State Council on Developmental Disabilities, North Valley Hills Office 2529 W. March Lane Suite 105 Stockton, CA 95207 or by phone: 209-473-6930 or e-mail: dena.hernandez@scdd.ca.gov. Requests must be received by 5 pm, on Wednesday, February 24, 2016.



AGENDA FOR DAY 1

March 2, 2016
10:00am-5:00pm



Call to Order, Welcome, Roll Call and Introductions

Cheryl Hewitt, Chairperson
Regina Woodliff, Vice Chair
Desiree Boykin, Secretary



Review and Approval of Agenda

Cheryl Hewitt, Chairperson
ACTION



Public Comment

Public comment is welcome. Comment on agenda items is taken as they are discussed.



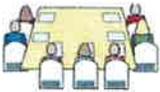
Review and Approval of Minutes December 2015

Cheryl Hewitt, Chairperson
ACTION



SCDD Update

Aaron Carruthers, SCDD Executive Director



Memo of Understanding (MOU) Discussion

David Forderer, MOU Committee Chair
Cheryl Hewitt, MOU Co-Chair



Lunch – 90 minutes on your own



Memo of Understanding (MOU) Vote
 David Forderer, MOU Committee Chair
 Cheryl Hewitt, MOU Co-Chair
ACTION



Strengthening Self Advocacy Presentation
 Paul Mansell, San Diego Imperial Representative



Quick Break



SSAN Annual Report
 Cheryl Hewitt



SCDD SAAC Report
 David Forderer



SCDD Employment First Committee (EFC) Update
 Kecia Weller, Employment First Committee Chairperson
 Discussion



Member Action Reports
 a. Desiree Boykin, Purpose of Reports
 b. Paul Mansell, Monthly Activity Logs – **ACTION**



5:00 pm Adjourn



AGENDA FOR DAY 2

**March 3, 2016
9:30am-3:00pm**



Call to Order, Welcome, Roll Call and Introductions

Cheryl Hewitt, Chairperson
Regina Woodliff, Vice Chair
Desiree Boykin, Secretary



Review of Agenda

Cheryl Hewitt, Chairperson
Discussion



Public Comment

Public comment is welcome. Comment on agenda items is taken as they are discussed.



Supported Employment Presentation

Carol Watilo the Executive Director / CEO of PEC



Legislative Update

Bob Giovati, SCDD Deputy Director of Policy and Planning
Nelly Nieblas, SCDD Legislation and Communication Manager



Pacific Alliance on Disability Self Advocacy Update

Cheryl Hewitt, Chairperson



Lunch – 90 minutes.



Transition Planning Training
“Future Goals for Young Adults”
Regina Woodliff



Workgroups Meet and Report back with Action Plans
SSAN Officers
ACTION



Review Member Action Plans/Assignments
SSAN Officers



Input for next SSAN Meeting – Talking Points
ALL



3:00pm Adjourn

December 2015

Minutes



Statewide Self Advocacy Network
Meeting Minutes
December 2-3 2015
Hawthorne Suites, Sacramento

SCDD Regional Office Members in attendance

Charles Adams- North Coast
Robert Balderama-North Valley Hills
Chen Curtiss- North Bay
Rebecca Donabed- Sequoia
Thomas Forderer- SCDD
Julie Gaona- Los Angeles
Ramon Hernandez-Central Coast
Cheryl Hewitt- Silicon Valley Monterey Bay
Paul Mansell- San Diego- Imperial
Regina Woodliff-Bay Area

Agency Members in attendance

Desiree Boykin- ARCA
Ted Jackson- CFILC representative
Robert Levy-Mind Institute
Kecia Weller- Trajan Center

Members not in attendance

Lisa Cooley- Sacramento
Arman Khodaei- San Bernardino
Joe Meadours- People First of California
Kyle Minnis- Orange County
Nicole Patterson- DDS

SCDD Staff in attendance

Sonya Bingaman-Sacramento
Kathy Brian- Sacramento
Dena Hernandez- North Valley Hills/HQ
George Lewis- North Valley Hills
Sarah May- North State
Dawn Morley- North Coast
Mary Agnes Nolan- SCDD HQ
Cindy Ruder- North Bay
Ron Usac-Bay Area

OTHERS PRESENT

Non SCDD Facilitators

Wayne Glusker

Steve Ruder- US Davis Mind Institute
Dezirae Nunez
Jana Chapman-Plon

Guests & Speakers

Aaron Carruthers- SCDD Executive Director
Mayra Fernandez-Crossroads
Bob Giovati- SCDD (Day 2 only)

DAY 1

Call to Order, Welcome, Roll Call and Introductions

Cheryl Hewitt, Chairperson called the meeting to order at 10:10 am
Desiree Boykin, Secretary did a roll call vote for members present.

Review and Approval of Agenda

Cheryl Hewitt, Chairperson asked for a motion to approve the agenda with changes. SCDD Executive Director, Aaron Carruthers needs do his presentation right after lunch instead of at the end of the day.

ACTION: Motion #1 to approve w/ one change by Chen Curtiss /Second by Rebecca Donabed. Roll call vote taken and ALL members voted unanimously YES in favor of this motion. Motion passed.

Public Comment

There was no public comment.

Review and Approval of Minutes September 2015

ACTION: Motion #2 to approve the September minutes by David Forderer/ Second by Robert Balderama. Roll call vote taken and ALL members voted YES in favor of this motion. Motion passed.

Presentation 1

Work and Social Security Benefits

Members received training by Mayra Fernandez from Crossroads Diversified Services on Work and Social Security Benefits. A copy of the power point presentation was included in the SSAN packet. Members learned:

- Working will not cause the premature termination of benefits.
- You can earn up to \$59,892 in 2015 and have Medi-Cal.
- There are employment supports that ensure you don't lose your cash benefits prematurely if you work.
- There are Medical and Medicare programs designed especially for the working disabled.
- If you have to stop working because of your disability, you can re-instate your benefits without a new application.
- If you work, your financial situation and quality of life WILL improve.
- Visit www.socialsecurity.gov/work for a list of Employment Networks through Ticket to Work.
- You can call 1-800-936-4237 and ask for a Community Work Incentive Coordinator.

Presentation 2

Voting

Paul Mansell, San Diego Imperial Representative provided members with information and training on the importance of voting. Members learned that voting indicates pride in your country and is part of democracy. In California we have ballot initiatives and we can vote on propositions that affect our rights and services. Social Security issues deal with Federal

Law, put in effect by congress and the president so we need to elect people who are sensitive to our needs. SSAN members can be a role model to other self-advocates. The Voting Rights Act was passed in 1993 by Congress to encourage people to vote, especially those with disabilities. In 2013 SB205 helped implement that law. It made Regional Centers responsible as a voting registration site. At your annual review, your service coordinator will ask you if you are registered to vote. Voting can lead to self-advocacy. Members received a handout from Paul that was also included in the SSAN packet. Robert Balderama also provided members with another voting handout and Cheryl Hewitt advised members if they talk to their local clerk's office and take a course you can be a paid poll worker.

SSAN Annual Report

Staff is still working on the SSAN Annual Report and a draft copy was shared for members to give input and make notes for additional changes. Cheryl reviewed the format that will be used and advised that the 3 SSAN newsletters would also be included. A copy of the report was on the screen and members were able to see what the draft version looks like. Cheryl stressed the importance of the work that was done this past year.

Because the meeting was moving ahead of schedule, Member Action Reports were moved to after lunch and we went into reports.

SCDD SAAC Report

David Forderer provided an oral report since the SAAC and Council meetings were the same week as this SSAN meeting. SAAC met on November 30, 2015 and received a presentation by Vance Taylor by Cal OES on Emergency Preparedness. The Council meeting focused on honoring the ADA, Americans with Disabilities Act and hosted past Council Chairs who talked about the ADA. The Council has identified some legislative priorities.

SCDD Employment First Committee (EFC) Update

Kecia Weller, Employment First Committee Chairperson presented her report that was also included in the SSAN packet. The SCDD EFC last met on September 29, 2015 and adopted the CECY platform for the coming year. They prioritized 3 key elements. Kecia addressed questions surrounding the barriers of getting people employed.

After Kecia Weller's presentation, Cheryl Hewitt asked members to share something that has happened to them while they were doing a presentation. Members shared various stories of challenging moments.

SCDD Update

Prior to going to Lunch, Aaron Carruthers, SCDD Executive Director, called into the meeting with an emergency announcement. He advised that he would not be able to come to the SSAN meeting today due to an incident at Inland Regional Center. It is breaking news and he needed to stay at the SCDD Headquarters Office to monitor the news and keep us updated. There are active shooters at the Regional Center and there are confirmed deaths. Members broke for lunch after a moment of silence was suggested.

Member Action Reports

After members returned from lunch and prior to the individual members going over their Member Action Reports, Desiree Boykin went over the purpose of reports and Paul Mansell presented a new form he developed for Monthly Activity Logs. Desiree stressed how important it is to turn in the reports so the work the members are doing can be accounted for. Desiree also stressed that SSAN members need to do a better job of sharing something going on in their area with the group. Paul went over the Month Activity Log and there was a suggestion to make sure that the location or county of the activity is put on it. There was a question about what a new self-advocate is and Mary Agnes was asked to clarify and explained how SSAN needs to show how they are building their networks in the local communities. Mary Agnes also explained that advocacy work does not have to be in person presentations, it can be through email, snail mail, phone calls etc. SSAN is a network and should be looked as an "Information Highway." It is an exchange of information and the point to increase awareness by sharing information. Cheryl and Mary Agnes explained that members would be doing an interactive exercise before presenting their member reports. Each table had a booklet with information that could be referenced to help members identify how to find the information listed in the member report. The point of the exercise was to role play so when members are working in their communities they can assist others in knowing how to locate the information. The booklets contained information that has been referred to or previously shared at prior meetings: A map and list of the Regional Centers in California; A list of the Office of Clients' Rights Advocates from DRC; 2014 Regional Consumer Advocate List; A list of the ILC Systems Change Coordinator Network Staff; A list of California State Senators; and a list of California

State Assembly members. Some members were not clear on the point of the exercise and staff helped explain the task during the time set aside for the activity. After working and sharing information at the tables, members presented their individual reports.

Some members also took the opportunity to share social media items.

Kecia Weller shared her blog that can be viewed by going to <http://blog.tarjancenter.org/2015/09/08/adablog>. You can also google Tarjan Kecia Weller Blog to get to it. Kecia has talked to or emailed about 200 self-advocates internationally.

Charles Adams shared a website he recently set up. It can be viewed by going to <http://ssancharles.wix.com/ssannorthcoast>

Robert Levy advised members that a good website to access information is www.touchofunderstanding.org.

Desiree Boykin shared her Everyday Heroes video.
<https://youtu.be/lfB1uaumOx0>

Paul Mansell shared that he has a good power point about Strengthening Self Advocacy that he will email.

Workgroups Meet and Report back with Action Plans

Members ran out of time and it was informally discussed that the Workgroups would meet on Day 2.

Adjourn DAY 1

Meeting was adjourned at 4:59 pm

SSAN DAY 2 Minutes

Call to Order, Welcome, Roll Call and Introductions

Cheryl Hewitt, Chairperson called the meeting to order at 9:38 a.m. Desiree Boykin, Secretary did a roll call vote for members present.

Review and approve the Agenda

Cheryl advised that there were changes needed to the agenda and that Executive Director Aaron Carruthers wanted to address the group. She also advised that they still needed to do the Workgroup Session that was missed yesterday.

ACTION: Motion #4 to approve agenda by Robert Balderama/Second by Rebecca Donabed. Roll vote taken and ALL members voted unanimously YES in favor of this motion. Motion passed.

Public Comment

No public comment

SCDD Update

Aaron Carruthers, SCDD Executive Director, came to the meeting to update members on the situation at Inland Regional Center and shared what contributions were being made on behalf of SCDD including the use of the local SCDD office and communicating with the Governor's office. The incident took place in a building that is used for meetings and Inland Regional Center (IRC) was most likely not the target. The gunmen focused on a holiday party that was being held in the building at IRC. Aaron was interviewed the day before by Channel 13 News in Sacramento. There was discussion about SCDD working with California Office of Emergency Services to have a plan for how crisis responders plan for mass shootings since there were 355 this year. SSAN members feel responders need to be trained in Disability Awareness and that the first responders need to hear from people with developmental disabilities. The trainings need to include people with developmental disabilities as the trainers.

Executive Director Carruthers also took the opportunity to discuss the Memo of Understanding (MOU) discussion plan for later in the day. Cheryl Hewitt shared the plan of the areas for discussion: Purpose, General Responsibilities; Budget; and Administrative Support. Aaron felt these were great categories and in the right order. Aaron stressed that the Purpose needs to be clear and they need to agree on how it relates to the Council. Members need to figure out how it fits into the Civil Rights Movement. Once the group has a product, Aaron will get to San Jose in the next two weeks to meet with David Forderer, SSAN SCDD representative and Cheryl Hewitt, SSAN Chair. SSAN members had the opportunity to comment and many expressed being comfortable with the plan. Aaron advised that Bob Giovati, SCDD Deputy Director of Policy and Planning may be late, as Aaron asked him to work on a press release at the office

regarding the situation from yesterday. Bob Giovati arrived and proceeded with his presentation.

Legislative Update

Bob Giovati, SCDD Deputy Director of Policy and Planning provided SSAN members with two handouts. One was the standard legislative update that lists the bills. Bob explained about 2 year bills that are held over. He also provided a handout about what took place at the SCDD meeting earlier this week. The SSAN Power Point was referred to and summed up the information as well. The priority areas are Employment; Public Safety; Housing; Transportation and Miscellaneous. The legislative platform is also on the SCDD website. Members shared their thoughts on the topic areas and there was a discussion on the importance and challenges with employment. Members were encouraged to contact either Bob Giovati or Nelly Nieblas if they had any questions or concerns. David Forderer also offered to be a contact for members.

Pacific Alliance on Disability Self Advocacy Update

Desiree Boykin advised members that the next PADSA Advisory Call is on December 15, 2015. Regina Woodliff passed out flyers on PADSA webinar information. There will be a webinar about Advocating for Disability Rights with the Legislative and Executive Branches on December 22 at 11am PST/2pm EST. Kit Mead, the Autistic Self Advocacy Network's Policy Intern, will present about state-level advocacy with the legislative and executive branches. For more information members can go to <http://pacific-alliance.org>.

Workgroups Meet and Report back with Action Plans

The SSAN workgroups met to discuss the purpose of their group and review the work they have been doing. Members were also asked to plan their 2016 meeting calendar and decide what to do at their next call. Staff helped clarify what the chair was trying to accomplish by visiting the tables to explain the purpose of the task. Each member was given a calendar to fill in their workgroup times. The projected 2016 full SSAN Meetings are listed on the calendar in red since the contracts have not been signed yet. The meetings are expected to take place on March 2-3, 2016, June 8-9, 2016, September 7-8, 2016 and December 7-8, 2016. Workgroup Chairs reported out what each group discussed.

Because Announcements got overlooked in the morning with the unexpected agenda changes, Cheryl took the opportunity to advise members to remember to turn in their meeting evaluations before they

leave. Desiree handed them out so members could start working on them during lunch. Cheryl also asked members to start thinking about reaching out to their local ILC and do the following:

- Make an appointment with your local Independent Living Center (ILC)
- The list was in your packet.
- Tour at least one ILC
- Discuss what type of programs they have
- Be prepared to speak on how you might get involved.
- Write or talk to a legislator about a concern in their area
- Have weekly contact with at least one SSAN member

There was discussion as several members were confused and expressed concern about the time commitment. Members were reminded that SSAN is trying to build a network and to do what they could in their local communities. Ted offered to reach out to the ILCs and encourage them to reach out to the SSAN members.

Lunch – Members were asked to take a 60 minutes lunch instead of 90 minutes due to the time.

Memo of Understanding (MOU) and Bylaws

David Forderer, MOU Committee Chair and Cheryl Hewitt, MOU Co-Chair led the MOU discussion. Notes taken at the meeting are as:

MOU Topics

- Purpose
- General Responsibilities
- Budget
- Administrative Support/Staffing Assistance
- Wish List?

PURPOSE

SSAN Mission Statement:

“The Statewide self-Advocacy Network (SSAN) promotes leadership and builds bridges that strengthen advocacy among disability communities by focusing on policy change.

WHAT WE DO

- Develop knowledge and skills to make a difference in our region and state
- Speak up for people with disabilities

- Learn about and advocate for issues important to people with disabilities
- Lead regional and statewide advocacy groups and networks

WHAT IS THE PURPOSE OF SSAN

- To support people w disabilities to organize to create change
- To show we are strong independent people
- Very important to help people with disabilities
- Become a better advocate so we can share with others who don't know how to advocate
- Support and develop self-advocacy organizations throughout the state
- Support and an education
- Mechanism to build bridges between all advocacy organizations in CA
- System Change Advocacy
- State Network of top self-advocacy leaders who do outreach and change the world
- Most laws and programs in the state

RESPONSIBILITIES

- Help children and being a resource
- SSAN is to let people
- Way to let others know what we are up to and let us know what others are up to
- Go out to the communities and advocate for other people
- Let legislators, assembly members know how important our independence is to continue on
- Create new laws for the future
- Listen, Learn, and Lead by example by building bridges in the State of CA
- Like build bridges into the youth, they are the seed corn and by reaching out to them we are doing advocacy by educating them
- Going to the legislators as well
- Various agencies that are represented on the SSAN we are a systems change network and that is how we listen, learn and lead
- Strong Determination
- S for Self Reliance
- Important for State Council know what kind of advocacy needs are in the community
- Represent the interests of our community to the State Council and represent to our community information from the State Council

BUDGET

- Speaker Budget

- \$ for 1 officer meeting face to face
- Training budget
- Chen, SSAN is great because he's learned
- \$ for Administrative Support
- \$ for supplies, posters, flyers, etc.
- \$ to write letters to legislators
- Travel expenses, hotel aren't accessible – need items to help. Bigger rooms, Hoyer, Step Stools for bed, etc.

BUDGET PROCESS

- Book hotel 4 times a year
- Accommodations review 1 time a year
- Might be staff or Exec. Committee
- Review once a year, pick it.
- Process in motion
- CFILC – has equipment. They have funding to support

ADMINISTRATIVE SUPPORT

- Conference calls there needs to be someone to open the line
- Take notes
- Make copies
- Develop power points
- Put the newsletter together
- Formatting
- Help the workgroups with issues that come up
- Executive Committee does a lot of work with MA and Dena to keep up with deadlines and things
- Keep things posted
- Rebecca is offering her assistance
- List is for logistics.
- Content and programming comes from the members
- Purpose of being here
- Unfair to ask staff to do our work for us
- SSAN will do our work for us and people out in the community and in the community will do our work for us
- Typing weekly summaries
- Clerical support
- Members should do the research, put the info together, and do the work. Staff can help put it into a power point.
- Members should not ask staff to do our work for us.
- Member driven organization

GENERAL RESPONSIBILITIES

- Member Action Reports
- Self-advocacy Group Lists

- Outreach/Catchment areas

Members talked about the SSAN application materials and the new Monthly Activity Log developed by Paul Mansell but they were not formally adopted. There was some discussion on the SSAN power point and that it would be a good idea to have SSAN Leadership involved in the application approval process but the topics were not formally approved.

Review Member Action Plans/Assignments

Members were reminded to fill out and turn in their evaluations.

Input for next SSAN Meeting

Due to the time this was not addressed. Executive Team will discuss at their next meeting. Members are welcome to send any ideas to Cheryl.

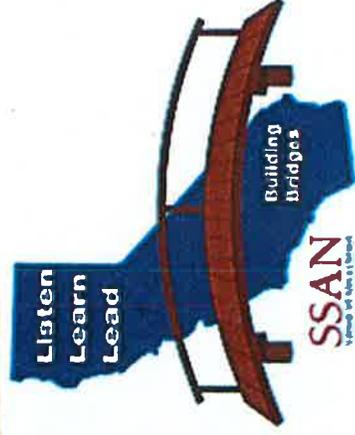
Cheryl adjourned the meeting at 2:59 pm.

Minutes respectfully submitted by SCDD staff

MOU DISCUSSION

The Mission of SSAN

The Statewide Self-Advocacy Network (SSAN) promotes leadership and builds bridges that strengthen advocacy among disability communities by focusing on policy change.





MEMO OF UNDERSTANDING (MOU) OPTIONS

PLEASE READ AND BE PREPARED TO VOTE

OPTION 1 – Cross-Disability Network

This would be inviting more members to join SSAN outside of the Developmental Disability Network such as adding representatives from Department of Aging, Mental Health, Veterans, etc. This could also mean reducing some of the current membership.

OPTION 2 – Training Network

This would focus on training self-advocates in local communities. SSAN members would focus on external trainings to increase the number of self-advocates in local communities. Members would go out into the communities to conduct trainings between meetings. SSAN Members would be trained on how to conduct Train the Trainer Presentations.

OPTION 3 – Cross-Disability and Training Network

This would be a combination of both of the options above.

Guidelines - When the SCDD staff workgroup met to discuss the SCDD structural deficit of \$700,000, the staff workgroup set up the following principles as they believe these are within the Council's wishes:

- 1) SCDD must live within its means
- 2) Cost saving ideas must be aligned with SCDD's mission
- 3) The workgroup is part of a larger, public process
- 4) Recommendations should minimize impact on existing SCDD staff
- 5) Actions will only be taken in a thoughtful, deliberate manner

STRENGTHENING SELF-ADVOCACY PRESENTATION



SELF ADVOCACY

PRESENTED BY
The Strengthening Self-Advocacy Committee

What is Self- Advocacy?



In Self- Advocacy we learn:

- To find our voice
- To stand up for ourselves and our peers
- To develop our leadership skills



Adapted from the PIA Workbook

In Self- Advocacy we learn:

- To run our own meetings
- To make choices for ourselves
- To learn about the political system



Adapted from the PIA Workbook

In Self- Advocacy we learn:

- To be involved in our neighborhoods
- How to make friends
- Respect and kindness for others
- To teach others what we know



Adapted from the PIA Workbook

What does Self- Advocacy mean to you?



Walking the Talk



As Advocates we have both a right and obligation to speak up for ourselves, but self-advocacy is more than just speaking up. It includes thinking things through, walking the talk and being responsible.

What does "Walk the Talk" mean?

- When did you start walking?
- How do you walk the talk?



To be a self advocate we need to exercise our skills.

Like athletes we need practice and training to develop our Advocacy "Muscles".



Self- Advocacy Happens Everywhere

- So we need to learn to use our advocacy "muscles" in different places.
- Where do you use your advocacy muscles?



Personal Advocacy

When you need or want something, you use your voice to let others know.

Examples are:

- Choosing where to live/work, or what to eat
- Telling a trusted person when someone or something is causing you a problem.



System Advocacy

Is when you or a group of people make an effort to change policies and laws so that communities are inclusive and accessible to people that have disabilities.



Five Principles of Self Advocacy

1. Make decisions for your life
2. Solve problems in your life
3. Know your rights and responsibilities
4. Contribute to your community
5. Speak up for yourself



Make Decisions For Your Life

How do you want to

- Live
- Work
- Have fun



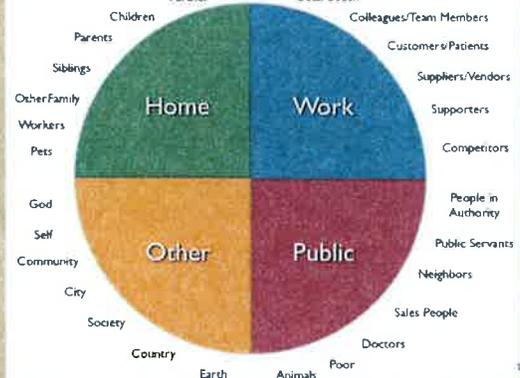
Solve Problems in Your Life

A People First advocate learns what his/her options are by asking questions or talking to a trusted person when there is a problem with:

- Medical issues
- Financial issues
- Relationships issues



Relationships



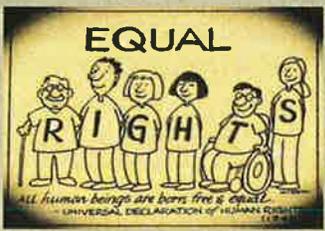
Home: Partner, Children, Parents, Siblings, Other Family, Workers, Pets, God, Self, Community, City, Society, Country, Earth

Work: Boss/Coach, Colleagues/Team Members, Customers/Patients, Suppliers/Vendors, Supporters, Competitors, People in Authority, Public Servants, Neighbors, Sales People, Doctors, Poor, Animals

Know Your Rights and Responsibilities

Understand your rights and responsibilities

- Medical
- Financial
- Relationships



Contribute to Your Community

- Being a part of your community
- Knowing your community
- Connecting to your community

What can you do to improve your community?



Speak Up For Yourself

- Using your voice
- Knowing your abilities and strengths
- Knowing your needs
- Understanding your rights and responsibilities
- Participating in solving problems



PRACTICE BUILDS MUSCLES



- Become a strong advocate for yourself, your friends, and your community.
- Become a team member or leader and work on important projects to give back to the community.
- Empower yourself and others by developing public speaking skills.
- Strengthen social skills and develop good relationships.
- Have fun!

Let's Practice Together!
JOIN!!!!



REPORTS



SSAN 2014-2015 Annual Report Summary



SSAN Mission Statement

The Statewide Self Advocacy Network (SSAN) promotes leadership and builds bridges that strengthen advocacy among disability communicators by focusing on policy change.

SSAN Membership

SCDD Self-Advocacy Goal #1 in Plain Language – “People with developmental disabilities get the help they need to be a part of the community and control their own lives.”

Message from the Chair

Meets 4 times a year

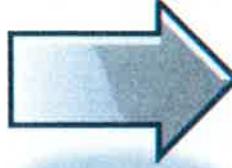
The SSAN Leadership identified plans for:

- Continued Communication through Newsletters
- Legislative Advocacy
- Training Development
- Networking

Each meeting includes member reports, legislative updates, training for members, and resources to distribute.

Each member is on at least one workgroup. There were a total of 47 workgroup meetings.

- Employment met 18 times
- Self-Determination met 12 times
- Newsletter met 10 times
- Legislation met 7 times



Report from SAAC/SCDD Meetings to SSAN by David Forderer
Highlights of the January 19-20, 2016 SAAC and Council Meetings

SAAC Meeting Report Notes

At the January 19, 2016 SAAC meeting members reviewed two peace officer training bills (SB11 and SB 29).

Members were scheduled to have a presentation on Emergency Preparedness from Vance Taylor of the California Office of Emergency Services but it has been postponed until the March meeting due to illness. Members expressed an interest in learning how to be prepared with the heavy floods in California. They referenced the Department of Developmental Services materials “Feeling Safe, Being Safe” that are widely used throughout California.

Members were provided handouts from the link <http://startyourjourney.org> on “The Art of Impact: A Handbook for Self-Determined Living.” This resource is a product of National Association of Council on Developmental Disabilities (NACDD) and explores the power of self-advocacy. It is written by Scott Michael Robertson, Ph.D. with input from the NACDD’s Self-Advocacy Leadership Circle. The book shares tips, tools and strategies for advocacy for people to live a self-determined life and become an advocate for change. Members plan to share the information with others.

There was no CECY report due to Councilman Kapp’s absence

Kecia Weller announced the CECY goals surrounding employment have been adopted by the EFC

SCDD Council Meeting Report Notes

The SCDD Chair April Lopez announced that DDS has agreed to fund the attendees and Chairs of the regional Self Determination groups for a statewide meeting to be held in Los Angeles in March 2016.

Members were told they can print a copy of the Governor's Proposed Budget from the DDS website.

Members reviewed the proposed 2017-2021 SCDD State Plan goals draft which includes:

- Employment
- Housing
- Health & Safety
- Early Intervention & Education (including Transition and Post-Secondary Education)
- Formal & Informal Community Supports
- Self-Advocacy

Aaron Caruthers gave a report on the state of the SCDD budget mentioning that the Council remains in a negative financial balance. Plans are being made to address reducing this to \$0.00

Ed Holen (the Executive Director of the Washington State Council on Developmental Disabilities) gave a talk on the Roles and Responsibilities of SCDD council members.

There was an extensive debate on the filing of Form 700. It was referred to the Executive Committee.

A discussion around the role of LPPC members responding to new legislation that is introduced by the legislature was referred back to the executive committee for work on the language.





The January 12, 2016 meeting of the Employment First Committee was very well attended, and the committee was able to accomplish a great deal!

The majority of the day was spent developing an implementation plan of Employment First priorities for 2016 and 2017. At the September Employment First Committee it was decided that the CECY priorities would be continued through the Employment First Committee. Catherine Campisi facilitated the discussion, and the group discussed many ideas related to the Policy Priorities, and decided to focus on the following:

1. Date Sharing:

- **to finish the Memorandum of Understanding between the Department of Developmental Services and the Franchise Tax Board, and share the information with the regional centers**
- **Review the results from the pilot data sharing**
- **Refine "Draft" Legislative Language**
-

2. Inform Families and Consumers about Employment First:

- **Enhance the Date Dashboard by including the SSAN Power Point Presentation, resources, best practices, etc. and translate into Spanish.**
- **Work with SCDD Regional Offices to share the information on Employment First with families, students, teachers, community at large.**
- **Outreach to underserved communities**
-

3. Stakeholders Process:

- **Decide key questions regarding who will be included in this process**
- **What strategies will be utilized to gather this information**
- **How will we define success?**
-

The Blueprint Subcommittee will possibly have a draft available for public input by late winter or early spring.

Future presentations suggested were on Person Centered Planning, and also to have a Business Leadership Network or something like that, do a presentation.



Statewide Self Advocacy Network
MEMBER ACTION REPORT
March 2-3, 2016



Member name: _____

Agency or Regional Office you represent: _____

Please list the Independent Living Center (ILC) located in the area you represent.

Please share how you reached out to your local ILC and what you learned:

Please report on the number of contact calls you had with your partner: _____

Please list the trainings or work with any agencies or organizations you have done and say how many people attended.

Please list how many presentations or outreach activities (including emails and phone calls) with new self-advocates. Please list the number of self-advocates who attended or how many you talked to.

Please list any new resources you plan to share and bring copies to for other members.

Please list ANY barriers to doing any SSAN work in your community.

PADSA UPDATE



PADSA Report from Cheryl Hewitt March 2016 SSAN Meeting

The Pacific Alliance on Disability Self Advocacy (PADSA) is a Project of National Significance and was created after Autistic Self Advocacy Network (ASAN) was awarded a grant (money) from Administration on Developmental Disabilities (AIDD) to provide technical assistance to 4 states. ASAN is a National Organization

California – Oregon – Washington - Montana

Trena Wade is our PADSA State Coordinator for California.



Trena Wade

At every SSAN meeting we have a resource binder on our resource table that shows the different materials that PADSA has distributed. Please take time to look at it. The information is available at their website.



Last year, PADSA awarded grants to People First of California (PFCA) and 5 California Self-Advocacy groups. Trena would like members to know that there will be another opportunity for applications to be submitted for another round of grants coming soon. She will be sending out more information once she has it. She hopes that the other states submit requests soon.



Welcome to 2016! We are excited to present the following webinars for the months of January through March:

Self Advocacy Through Media

What is the media? How can you self-advocate through media? Do you or your organization want to advocate through media? Join us for a webinar on January 19th, at 11:00 am PST with Beth Haller of Towson University in Maryland. Beth will be presenting on how to self-advocate through media.

Federal Level Advocacy

Does your self-advocacy organization want to advocate on the federal level? Do you want to learn how to advocate on the federal level? Join us for a webinar on February 23rd, at 11:00 am PST with Kit Mead, the Autistic Self Advocacy Network's Technical Assistance Coordinator. Kit will be presenting on how to advocate on the federal level with the legislative and executive branches.

Indigenous Advocacy

Does your self-advocacy organization want to learn about indigenous advocacy? Do you want to know about the issues affecting indigenous communities? Join us for a webinar on March 22nd, at 11:00 am with Trena Wade, PADSA consultant. Trena will be presenting on indigenous advocacy and the issues affecting their community.

Register at <http://pacific-alliance.org> to participate in the webinars

WORKGROUPS



SSAN _____ Workgroup

Information for the workgroup call:

Date: (Add each time)

Time: (Add each time)

Toll Free Call in Number: [1-800-839-9416](tel:1-800-839-9416)

Participant Code: 8703085

Items to discuss:

- **(List information here)**
-

Members involved:

- _____, Chair
- **Add members here**
- **(Update as needed)**



Proposed Tips for SSAN Conference Calls DRAFT November 10, 2015



Workgroups meet via conference call to plan logistics and gather information to be presented at the following SSAN meeting.

Workgroup calls are member led and the chair (or lead member of the group) is in charge of planning what will be discussed and notifying fellow members.

Staff developed a template that can be used if the lead member chooses that includes a list of what will be discussed.

The calls do not require a posted agenda because the group is not making decisions on behalf of the full SSAN.

Members are responsible for taking the notes for the meeting.

Members should be on time for the call.

Staff will moderate the call by opening the conference calling line.

All calls use the SSAN Conference call in number and participant code. (Number: 1-800-839-9416, code: 870-3085.)

Chair/Lead Member should stick to the list of what will be discussed – respect the time participants have put aside for the call.

Members should say who they are when they speak and try not to interrupt others.

Chair/Lead member should do roll call and when the group is asked a question, he/she should specifically ask each member on the call for their opinion.

It is a good idea to:

- Use your “Mute” button and not a “Hold” button. Muting will help cut down on background noise and holding can plan music into the call.
- If you can’t mute your phone, please try to not make other noise because it is hard for other members to hear. (Like typing, whispering, etc.)



SSAN Self-Determination Workgroup Webinar Presentation

By SSAN Members Julie Gaona, Ramon Hernandez and Cheryl Hewitt

February 10, 2016

The Webinar was hosted by the DO Network.

SSAN Member, Ted Jackson, Statewide Organizer for California Foundation for Independent Living Centers (CFILC) hosted the webinar on the DO Network and went through the logistics at the beginning of the meeting. 111 people signed up to participate in this webinar.

The SSAN Self Determination Power Point was used for the Webinar.

Each member briefly shared where they are from before presenting their assigned slides.

Ramon presented the first portion of the power point explaining what Self Determination is.

Julie reviewed the 5 Principals of Self Determination.

Cheryl went over the history of Self Determination and explained the basic details of the program.

The audience had an opportunity to ask questions.

One question was if people living in Community Care Facilities were eligible.

Another question was on the Fiscal Management Service and where to find someone and how much do you have to pay them.

There was a question regarding the facilitator - if a person really needs one, where would you find the facilitator and where do they get the training. Also, how much does it cost?

A question was asked about what would happen if they have their provider lined up and then the provider increases the rate. Also if the provider has the right to have 2 rates (one with Self Determination and one with Regional center)

One person was late getting on the call and asked what Self Determination was and what an IPP is. The same person asked if there was an agency to go to and do this and how does he know which Regional Center he is with and who his case manager is.

Questions were directed to Cheryl, since she was the last presenter.

The Self Determination Workgroup members suggested that in the next webinar the questions be opened up to all the presenters instead of the last speaker. It was also suggested keeping questions in between presenters but also open it up the answers for other presenters to add additional information, not just the presenter talking.

Another suggestion is to stress that if someone goes on self determination and decides they don't like it, they can go back to traditional services.

It would be helpful for people to hand out the flyer that was created by SSAN to go with the webinar. (This flyer has the sun and rays with information on it.)

The group would also like to do a slide on Frequently Asked Questions (FAQs) and wants everyone to know that the webinar will be available for viewing on the DO Network at the following link:

<http://disabilityorganizing.net/training-events/training-library.php>

Things you may need such as a computer for employment or support staff

Choice to have traditional services through Regional Center or Self-Determination

Your Choice to make decisions yourself

Request funding for services. If denied—APPEAL

Be part of the Regional Advisory Committee

Attend Trainings

Self-Determination

Make sure you tell the Regional Center that you want Self-Determination included in your IPP! (It is not guaranteed)

Someone that is in Self-Determination who chooses to go back to traditional services and wants to return to Self Determination will have to wait one year.



SSAN Employment Workgroup Information



Information from Power Grid Blog

January 6, 2015 by Mark Perriello

5 REASONS HIRING PEOPLE WITH DISABILITIES IS GOOD FOR BUSINESS – AND THE REST OF US

Reason 1: People with disabilities represent a talented, untapped labor market.

Reason 2: Hiring people with disabilities improves corporate culture.

Reason 3: It also benefits the bottom line.

Reason 4: It's responsive to government guidelines and broader employment trends toward more inclusive workplaces.

Reason 5: Finding talented people with disabilities is getting easier all the time.

Mark Perriello is president and CEO of the American Association of People with Disabilities (AAPD). You can read the full article at:

<http://www.aapd.com/resources/power-grid-blog/5-reasons-hiring-people-with.html>



SSAN Newsletter Work Group

Info page for the
March 2-3 2016 meeting packet

Hi-

The SSAN Newsletter Work Group is working on the 5th Edition of our newsletter. In order to save copying cost (paper and ink) we are not putting the DRAFT in this SSAN Packet. We will bring a couple copies of the DRAFT for all members to look at on the first day of the SSAN meeting. On the second day, our work group will want to hear any feedback, questions or comments about the newsletter. Once SSAN approves it- the newsletter will be posted on the SCDD website.

Thank you-

Robert Levy- chair of the SSAN Newsletter Work Group