SB 468
Self-Determination

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What is Self-Determination

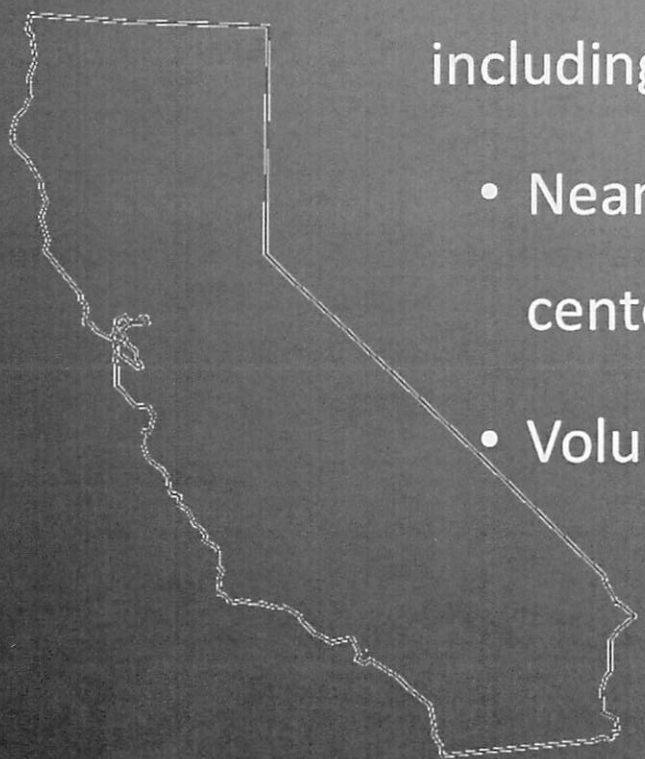
"Self-Determination" means a voluntary delivery system consisting of a defined and comprehensive mix of services and supports, selected and directed by a participant through person-centered planning, in order to meet the objectives in his or her IPP. Self-Determination services and supports are designed to assist the participant to achieve personally defined outcomes in community settings that promote inclusion.

Background

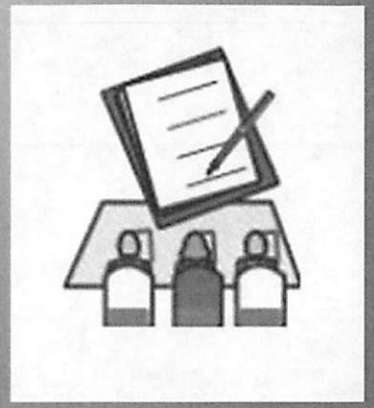
- Increased choice, flexibility and control
- Increased access for underserved communities
- Reduced bureaucracy/Increased transparency
- 29 other states have SD in place
- California pilots demonstrated increased:
  - satisfaction
  - innovation
  - cost-effectiveness

Implementation

- Contingent upon federal waiver
- Phased in over 3 years (2500 participants statewide, including existing pilots)
  - Nearly all individuals with IPP through regional centers can eventually participate
  - Voluntary – Enter/Exit at almost any time



Individual Budgets

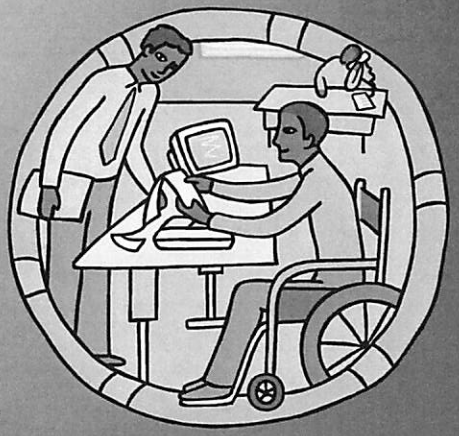


- Remains within IPP process
- Previous 12 months of POS expenditures
- I.D. Team can make changes to budget, if necessary
- Uniform budget categories
- New or generic services, hiring workers, etc.
- Only services eligible for Federal Financial Participation

Proposed Services

Advocacy Services
Behavioral Intervention Services
Communication Support
Community Integration and Employment Supports
Community Living Supports
Crisis Intervention and Support
Dental Services
Environmental Accessibility Adaptations
Family Assistance and Supports
Financial Management Service
Home Health Aide
Homemaker
Housing Access Supports
Independent Facilitator
Individual Training and Education
Integrative Therapies
Lenses and Frames
Live-In Caregiver
Nutritional Consultation
Optometric/Optician Services
Participant-directed Goods and Services
Personal Emergency Response System
Psychology Services
Respite
Skilled Nursing
Specialized Medical Equipment and Supplies
Specialized Therapeutic Services
Speech, Hearing and Language Services
Technology
Training and Counseling Services for Unpaid Caregivers
Transition/Set-Up Expenses
Transportation
Vehicle Modifications and Adaptations

Independent Facilitators



- Selected and paid for by participant
- Can't provide other services
- Assist in IPP development, including the identification of service providers
- Regional center case manager is an option

Financial Management Service

- Vendored by regional centers – paid for by individual budget (except background checks)
- Manage/direct funds
- Ensure that funds are not overspent
- Accounting/taxes/employment laws
- Verify service provider qualifications
- Monthly budget updates

Oversight

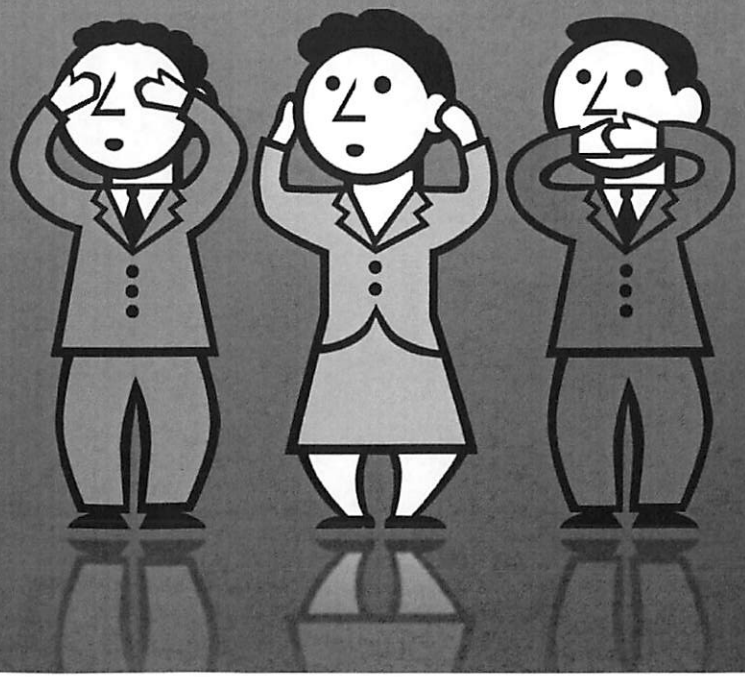
- Background checks required for non-vendors
- Oversight locally and statewide (State Council, Disability Rights California and community)
- DDS reports to legislature

Five Questions to Ask Yourself

1. Do you have a complicated set of services?

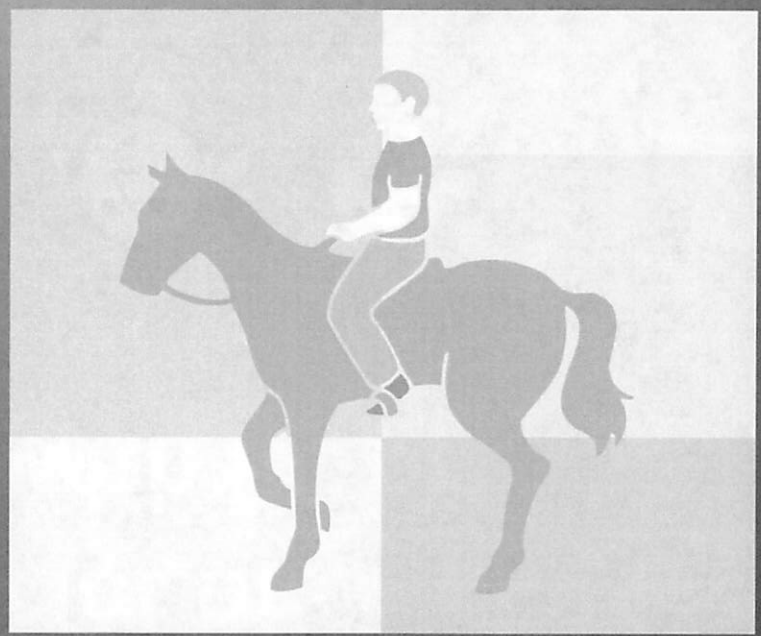
Five Questions to Ask Yourself

2. Have you had a lot of denials, conflicts with RC or fair hearings?



Five Questions to Ask Yourself

3. Have you lost services due to budget cuts and changes to the Lanterman Act?

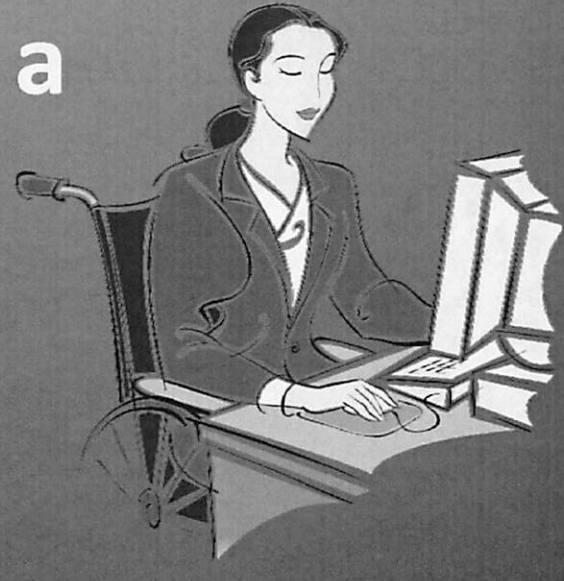


Five Questions to Ask Yourself

4. Do you need or want unique services not typically offered by Regional Centers?

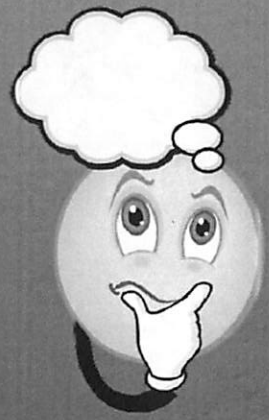
Five Questions to Ask Yourself

5. Do you want to start a business, get good work training or get a good paying job?



And Finally…

Are you READY to take on the RESPONSIBILITY??



Common Questions

- ***Can I move money around in my budget?***

  Only 10% from one category to another.

- ***What happens if I move to a different regional center?***

  You can stay in Self-Determination.

Common Questions, cont'd

- ***What if I want to leave the Self-Determination Program or I become ineligible for some reason?***

  You can go back to traditional services.

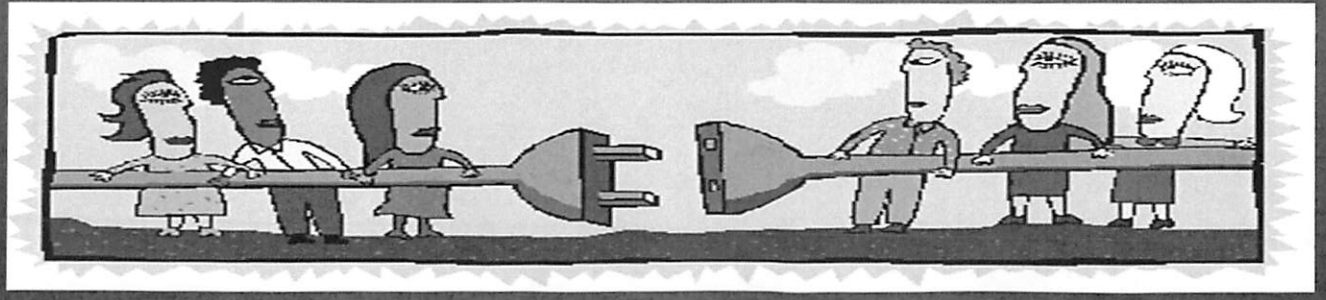
- ***If I leave Self-Determination by choice can I return?***

  Yes but you must wait 12 months.

Common Questions, cont'd

- ***What if I disagree with regional center about my eligibility or the amount of money in my budget?***

You can appeal the decision.

Additional Questions

- What orientation/training for will be available for participants?
- How will regional center caseload size impact service planning and delivery?
- Will Self-Determination increase access for underserved communities?